



MAINTAINING YOUR LANDSCAPE WITH A BUDGET

The Outdoor Classroom

Educational use, Landscape design & maintenance



BUILDING BULLETIN 71 2ND EDITION

DFEE

Department for Education and Employment

The Outdoor Classroom

EDUCATIONAL USE, LANDSCAPE DESIGN & MANAGEMENT OF
SCHOOL GROUNDS

Second edition

ACKNOWLEDGEMENTS

The co-authors of this *Building Bulletin*, Brian Billimore, John Brooke, Rupert Booth and Keith Funnell, wish to thank all those who have advised on the contents and contributed during its preparation, and the schools that have provided exemplar information and photographs.

The material contained in the publication draws on the research of the learning through landscapes project sponsored by the Department of Education and Science (now the Department for Education and Employment), the Countryside Commission and a consortium of eleven local Authorities. Initially set up in 1986, the project is now a charitable trust and continues to explore and promote the use of school grounds as an educational

In 1 999, due to the publication's success, **it** was updated as a second edition by John Brooke and Michael Bubb.

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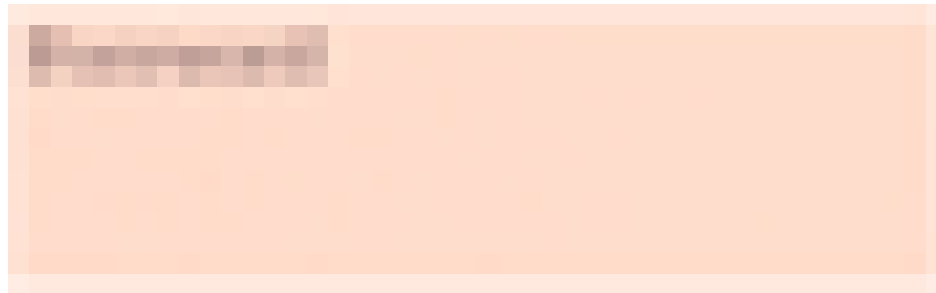
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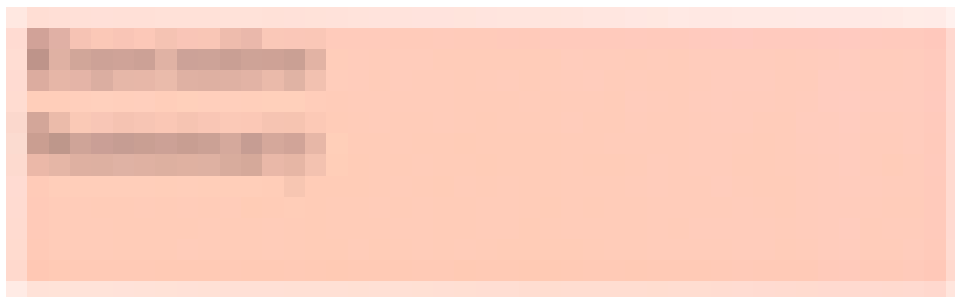
Cover photo: photofusion -shows a group of supervised children in an "Outdoor Classroom" situation.



1 *'The Outdoor Classroom '* originally published in 1990 provides a "gateway of opportunity", has been revised and now takes account of educational developments since that date including the publication of The Education (School Premises) Regulation 1999 and Building Bulletin 85, *School Grounds, A Guide to Good Practice*, 1997. This bulletin has been updated to take account of developments relative to the school grounds it illustrated. Some grounds have been further developed and some have ceased to exist due to changes of school status or other building needs. In those cases new examples were found to take their place which demonstrate the value of improved grounds. The bulletin now includes an appendix on other publications which extends the information provided in each section, reflecting the valuable work that has been done by others to support grounds developments and the curriculum since publication in 1990.

2 In the light of this, the publication describes educational uses of school grounds and how the necessary resources can be created and managed. It is aimed at everybody in the schools to encourage them in taking up a range of exciting opportunities to develop, design, manage, and use the school grounds to the best effect -pupils, teachers, governors, parents, voluntary and community groups, inspectors and advisers, architects, landscape architects, landscape managers and playing field officers. It seeks to heighten their awareness of the potential contribution that . appropriately designed and managed" grounds can make to teaching and learning and highlights the value of a multidisciplinary approach.

3 The school curriculum poses challenges to everyone concerned with teaching and the National Curriculum has placed greater emphasis on practical activities and the need for teachers to make the presentation of learning material relevant for pupils. This has had implications for the full use of available space within the school boundaries. Grounds and buildings should complement each other to provide a well-designed and stimulating environment that influences and inspires the generations of pupils who receive their education there.



Purpose and Background

The aim of this publication is to highlight the potential of school grounds as a valuable resource that can support and enrich the whole curriculum and the education of all pupils. It draws directly on the work done by the Learning through Landscapes research project, which established that much learning, common to a range of curriculum areas, can be promoted strongly and naturally outside. In order to maximise such opportunities the scale and character of spaces should relate far more closely to the needs of pupils and more variety should be created in the outdoor environment.

Educational Use

School grounds can provide a wealth of interest and resources for both personal and social education. The National Curriculum can be supported to an extent by studies outdoors, and a number of these are cross curricular. Such direct experience in observation, investigation and participation in design and development of grounds helps pupils to be informed, responsible and enterprising. The nature of the grounds also has a profound effect upon activities outside lesson time, and on the attitudes of pupils towards their environment. The reinforcement of knowledge resulting from exploration and the use of imagination and from sharing and caring is that much greater where the design and management of the grounds is completely responsive to the widest possible spectrum of educational use.

Qualities and Features

The landscape around the school is a potentially malleable resource that can be remodelled over time to meet the changing demands placed upon it. The grounds should express an individual identity based on the character of the local environment. Where there is a mature landscape, changes can still be made, even to the extent of undoing or remaking changes brought about through earlier initiatives. It is important not to determine what will happen in each and every part of the grounds, but to create a varied and flexible landscape that will afford countless opportunities, some expected and others which have not been envisaged. In most school grounds there is a need for contrasting spaces of varying sizes and qualities which can appeal to different individuals and accommodate different uses.

Roles and Relationships

Achievement of these objectives is dependent on a partnership of educational and landscaping skills and a teamwork approach. A divergence of objectives and the lack of a common purpose has been a major impediment to progress. There are many examples of individual initiatives, but they are richer and more lasting where they involve teachers and pupils educational advisers and landscape specialists.

Communication and commitment is the key and everyone concerned should be invited to participate. A close working relationship between landscape designers and managers is vital, since designers influence the nature and type of management and managers influence the establishment of a new landscape scheme.

New School Sites

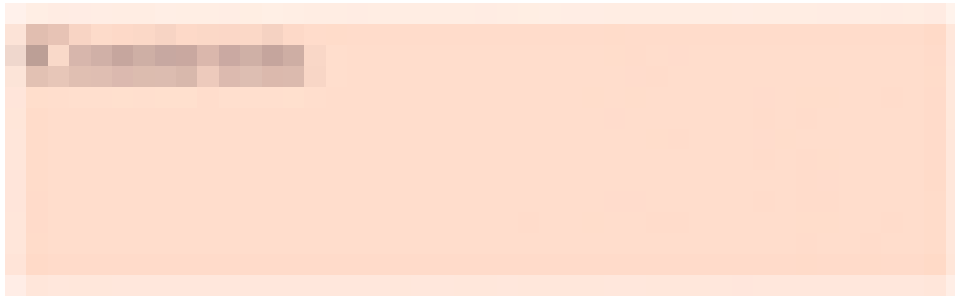
In the brief for a new school site, the landscape deserves as much attention as the building. Beyond the need to state size of areas and number of facilities, it should explain the aims and aspirations of teachers and pupils and the character, qualities and features to be created for maximum educational opportunity. Careful appraisal of the site and layout options is necessary, since the most fundamental issue is the overall pattern of development and not the detailed treatment. Outdoor educational provision should be viewed in the context of the external works budget as a whole and not simply planting. There must be a balanced financial allocation to ensure the landscape scheme is adequately resourced with sufficient allowance for aftercare.

Existing School Grounds

The process of enriching existing school grounds should involve pupils and teachers at the earliest stages. Indeed the school should develop its own ideas about outdoor resources and their uses. These should encompass the whole of the grounds (and possibly beyond) and allow for use throughout the year and across the curriculum. Site meetings with educational advisers and landscape staff can then lead to the preparation of a development plan which might establish a range of possibilities and a programme for implementation. This process should allow for long-term changes in the grounds in successive years so that pupils might gain from the anticipation, planning and implementation of new initiatives.

Management and Maintenance

Without specific guidelines and regular user involvement, grounds maintenance has tended to follow a convenient and essentially static regime. Educational use should determine the type and pattern of maintenance and the school should be the prime mover, with the advice and support of landscape staff. Enrichment of outdoor resources " does not necessarily mean an increase in the revenue budget and quite often small savings may accrue. A programme of gradual improvement which allows for participation of pupils and teachers is more realistic in terms of funding and is more likely to stimulate change. Some comparative information on capital and revenue costs on hard and soft landscapes is included. (Figures 19 & 26)



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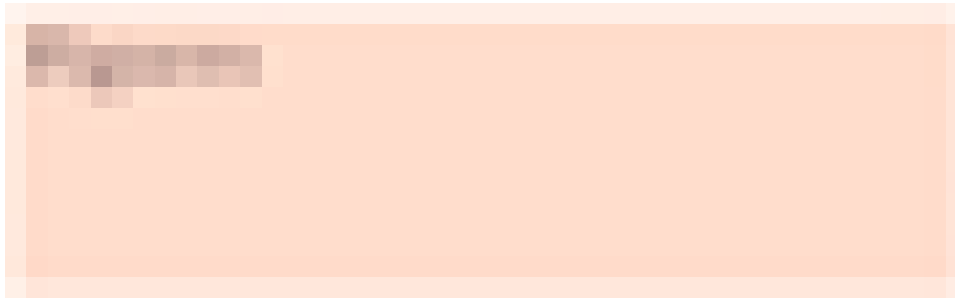
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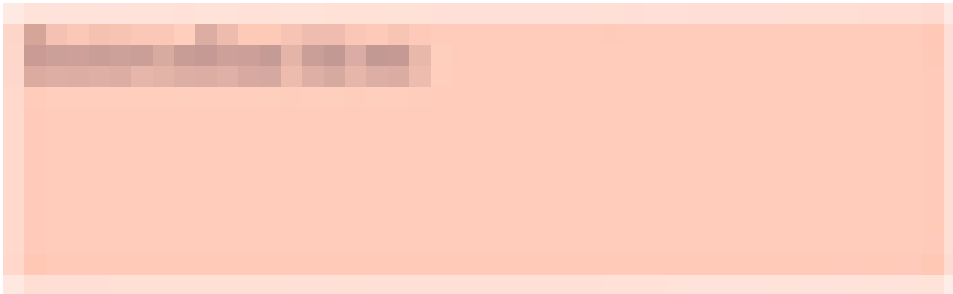
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The outdoor classroom -a sheep shearing demonstration can be organised in the grounds.

~ In England there are some 25,000 schools and 60,000 -70,000 hectares of grounds. It has been estimated that the cost of grounds maintenance alone is of the order of £125 million a year. The Education (School Premises) Regulations 1999 prescribe minimum areas and quality standards for team games playing fields. The details are given in the Education (School Premises) Regulations 1999 (SI 1999 No.2) and non-statutory guidance on grounds is given in Building Bulletins 82 '*Area Guidelines for Schools*' 1996 and in 85

, *School Grounds, a Guide to Good Practice*' 1997. The guidance covers all aspects of grounds including playing fields, games courts, informal and social areas, habitat areas, and total site areas. In the early 90s school grounds were often only developed for physical education. However, due to publicity and the work of the Learning through Landscapes Trust and that of other organisations the benefits of developing grounds to support the curriculum have become widely known. It remains that a balance must be struck between the competing demands of the curriculum with more flexible uses of the grounds.

~ Most schools strive to make their indoor teaching and non- teaching areas stimulating and inspiring places. A theme is sometimes allowed to take over the classroom and its environs completely. The most successful themes may run for several weeks and various stimuli, such as two- and three-dimensional wall displays, interesting artifacts and models, may accumulate as the investigations, explorations and discoveries follow their course. Outside the school building the situation is frequently quite different. All too often the ... grounds are bleak and open to the elements. Apart from the extensive use made of playing fields and hard-play areas for physical education, the grounds are often under-utilised as an educational resource.

~ Ventures outside the classroom may usefully stimulate cross-curricular work in a variety of subject areas and support and complement work done inside the classroom or provide opportunities for learning which cannot take place inside. Motivation may be strengthened since outdoor learning is likely to be more practically based. There is much learning, common to a variety of curricular areas, that can be promoted strongly and naturally outside. This includes communication skills, problem solving, observation, identification and communication skills, problem solving, observation, identification and classification. It has been noted that such skills improve as pupils see more purpose and relevance in first-hand experiences outside. By enhancing the opportunities for learning in the grounds, the range of work is enriched and the potential for direct practical application much increased.

~ The Learning through Landscapes project's research identified many schools where the grounds have been developed and used as a resource for teaching and learning to support a wider range of curricular studies. It confirmed that the grounds in which the school stands are a valuable asset. However, grounds maintenance practices have not always been completely in tune with the educational requirements of the curriculum. The need for better collaboration between schools, their advisers and other agencies was recognised.

~ The research also indicated that the scale and range of spaces inside and outside should relate more closely to the needs of the developing child, and that more variety should be provided in the outdoor environment. This might include sheltered bays (paved or soft areas) where small groups of children can gather to occupy themselves quietly in a pursuit which may be self-chosen or may be part of a curriculum-based activity. Larger sheltered spaces can enable groups of class size to work together. Extensive open spaces can provide for field games and other events, which may be anything from a celebration of a seasonal festival to a hot air balloon launching.

- There are schools where provision for child-chosen activities, including unsupervised play, is made, although these are comparatively rare. More commonly, unsupervised play is not well provided for and 'playtime' is seen to take place in dull playgrounds, often supervised by other than the qualified teaching staff. The outstanding exceptions where thoughtful provision is made include play environments with equipment, stimulating artifacts and arrangements for quiet gathering places where individuals and small groups can meet.

- In many schools where the grounds have been developed and used as an educational resource this has usually been achieved by enthusiastic teachers, often in cooperation with pupils, parents and the local education authority, and sometimes with the help of members of the community and other outside agencies. It may have started with ideas about extending the learning from the classroom to outdoors, as a consequence of which the need for changes in the landscape has been identified and work on the school grounds has begun. Such curriculum-led change has taken teachers and pupils outside and the development of the grounds has been closely related to learning needs. In other cases change has been resource led, where anything from a small part of the grounds to the whole site has been enriched with new features and improved qualities by seeding, planting and other landscape works. Generally it has proved more successful to provide for recognised curricular needs than to create resources and then contemplate their uses

-The ensuing description of the educational use of school grounds contains more examples from the primary phase than from secondary. Primary schools have tended to use their grounds more extensively and in a greater variety of ways than secondary schools where the use of the grounds is at a more embryonic stage. The reasons for these differences may relate to the relative sizes of both the schools and their grounds, their approach to the curriculum, and the availability of time for specialist subjects and space for activities.

-It is hoped that both primary and secondary schools will be able to draw on the information in this bulletin to make their grounds both more attractive and more educationally useful. Those schools with little or no green spaces can also benefit, albeit at a different scale or in an amended form. Currently about 15% of primary schools have grounds which are almost entirely hard surfaced; this is rare in the case of secondary schools outside London and large urban areas.

~1 This is a charitable trust providing advice and publications on the development of school grounds to support the curriculum and other activities.



1.1 Pupils' impression

The first public building which most children use and come to know intimately is their primary school. Their judgement of design and materials will begin to be formed here, as will their attitudes to stewardship of land and landscape. A large part of the pupil's early education derives from the influence of the building, the grounds and the whole ethos of the school and its organisation. In secondary schools also, grounds can be a valuable resource for subject teaching and a context for the full development of the pupil as a person.

1.2 Learning through

Landscapes research

This section is a summary of the ideas and perceptions of the Learning through Landscapes research team, and their thoughts on the way in which curriculum subjects and cross curricular work can be supported by studies in suitably developed school grounds. The National Curriculum, with its attainment targets and programmes of study, provides very specific points of reference for purposeful development of grounds to meet curriculum need.

~ Physical Education

The subject most commonly associated with the use of school grounds is Physical Education, which has traditionally given strong emphasis to team games and athletics, using them to develop and extend the learning of physical skills, to encourage balanced physical development and to provide opportunities for the improvement of personal and social skills. In some instances 'fitness stations', 'trim' or 'ogging trails' have been established in school grounds with the aim of promoting good attitudes to health



Team games have traditionally been the major reason for providing school grounds.

The range of activities has broadened to include challenges to the individual as well as the team

and physical fitness. However, sports pitches are often exposed and barren in character; this might be relieved by the planting of shelter-belts of mixed native species to create an improved environment for players. This extends outdoor learning opportunities by creating nature trails.

OIJ Outdoor education

Other subjects can also utilise the school grounds. For example, in outdoor education, normally an integral part of the physical education provided in schools, the skills needed for expedition work such as camping, map and compass work and self-catering, can be practised in the grounds. Weekend or overnight camps have been run by some schools on

their site using the school facilities for cooking, dining and toilet purposes.

1.5 English

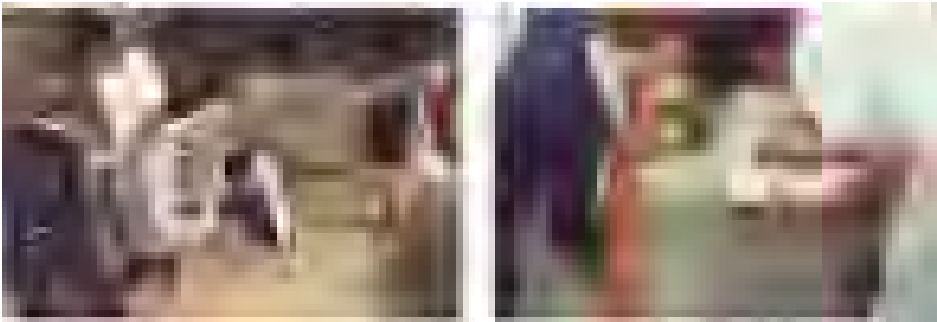
In English, the school grounds can provide rich language experiences which may be sensory and largely concerned with observation and may involve asking questions and undertaking investigations. There is scope within such experiences to use language purposefully and to arrange for the development of specific skills, such as group discussion and negotiation, oral and written reporting, and personal writing in poetry and prose.

learning and play are
indivisible in the use of this hundred

square.

Mathematical games on the grass -mobility of resource affords greater opportunities.





Walls offer considerable potential for measuring and estimating, as well as being space dividers or seats.

Different shapes and patterns of hard surface facilitate a range of mathematical project work.

~ Mathematics

In Mathematics there is scope for both work content and practical activity, some of which will help pupils to understand concepts. To take one example, percentages (or fractions) can be understood through measuring the proportions of the grounds showing different characteristics, or by looking at the numbers of different types of trees. At a more advanced level, surveys of

materials, living things or human behaviour in the grounds and the consequent analysing of the data can help pupils to understand fundamental statistical concepts. There are also endless opportunities for measuring, estimating, and approximating. **In** some schools these investigations have become the basis of design work leading to development of the grounds.

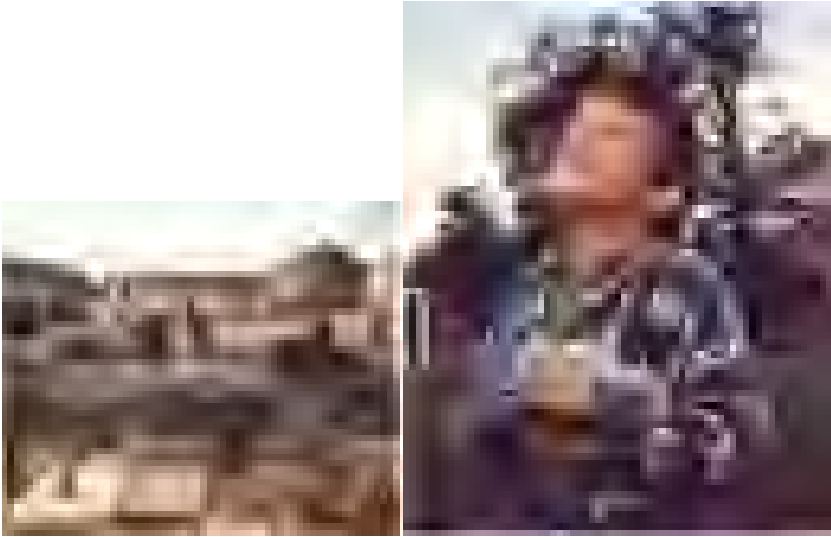


Outdoor experiments, [I?] Science

with air trapped under There is no difficulty in finding scope a parachute, aid within the broad content of National scientific Curriculum science for the use of the understanding by school grounds and in finding or direct experience. developing features which are related to the content of the programmes of study. The grounds have potential for the study of biological, material, earth and physical sciences.

Some schools, for example, have a weather station, a compass rose marked on the school playground or a sun-dial on a plinth or fixed to a south facing wall, which can contribute to a continuous or an occasional study of weather, seasons and time. Basic astronomy (part of the National Curriculum) can be studied if schools can use the night sky viewed from a roof or the grounds without the interference of bright illumination.

Many schools are finding that their own grounds can provide possibilities for continuous ecological and scientific studies of plants and animals: This can supplement work at a field studies centre or at a unique site. A number of schools have made successful attempts to increase the variety of animal and plant life in thei" grounds. Small beginnings have gradually grown to encompass a diverse range of resources such as ponds, meadows, woodlands, hedgerows, paddocks, and smallholdings.



Other science studies seen in the project included flight, using hot air balloons, rockets, parachutes, movement and travel propulsion (sometimes in connection with physical education). Projects on sound may include testing sound velocity using a large outdoor wall.

Sound levels within and round the school grounds can be measured and assessed.

A sun dial provides a historical time machine and aids an understanding of the earth's rotation.

Kite flying highlights the direction, power and variability of the wind.

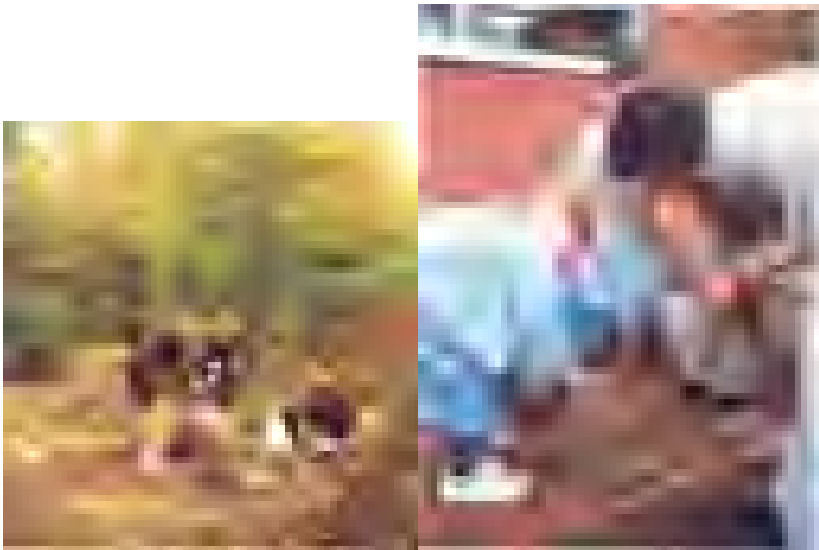


The construction of a primitive kiln has more meaning when the raw materials are obtained from the grounds.

Technology and Design

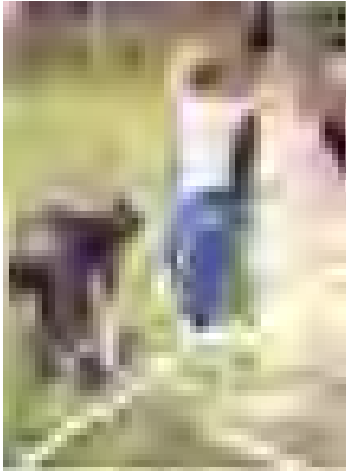
Technology and design activities will also often benefit from the nature and size of the space available outside. One example is that of constructing large models, especially those intended for travel, which can be tested more fully and thoroughly. Several secondary schools have built hovercraft and land yachts and have looked no further

than the school grounds to find a test area. The Learning through Landscapes research identified several projects which could not have been completed as successfully indoors, like the building of an Iron Age Roundhouse and settlement at a middle school in the South West, it could only have been done outside. A number of these projects, such as bridge building, have been cross- curricular, embracing the study of



The art of weaving can be developed from raw materials - osiers, reeds and grasses -grown in the grounds.

Clay dug from the school grounds can be used in pottery making.



The construction of Iron Age buildings and enclosures in the grounds brings history to life.

Creation of features in the grounds can afford endless opportunities, some not even envisaged.

structures, of suitable materials and of mechanics, such as the properties of levers, balances, fulcra and cantilevers. A forestry project has included coppice crafts, tree felling and converting timber for use in furniture making. The principles of primitive building construction can be introduced, together with smaller scale experiments in power generation from wind and water or making control mechanisms for aiding plant growth.





Relating features in the school grounds to a map of the site can improve geographical skills

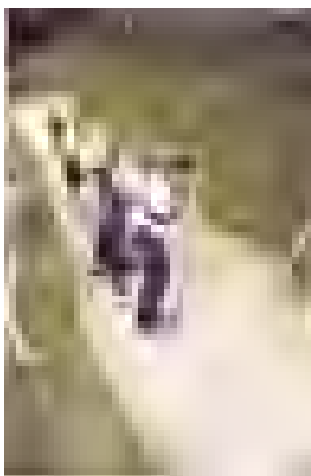
Samples of different geological rocks can be set into a permanent display or incorporated in a wall.

Q;!] Information Technology

In the National Curriculum all subject working groups are encouraged to adopt Information Technology in such a way that pupils become aware of its power and are able to use it. There is much data about the school grounds which can be collected on computers, stored and correlated. This data can then be manipulated and used to assist in developing thoughts and ideas.

1.10 Geography

Geography aims to help pupils make sense of their surroundings and to gain a better appreciation of the variety of physical and human conditions on the Earth's surface and of patterns and processes. These aims can be achieved by studies in the locality of the school, beginning in the school grounds. The grounds provide opportunities to practise the skills of geography and to study environments in miniature. Activities can include the consideration of scale, variation in places and orientation, and following making maps and plans, the study of peoples, movement and their use of space. Concepts such as spatial organisation and the change and shaping of the environment can be included.



Construction of an Iron Age ditch fortification also affords an insight into underlying geology and a building material for hut walls.

Curiosity about the local environment encourages questioning and problem solving.

1.11 Environmental education

Environmental education is cross- curricular and can embrace the study through observation and investigations of the school's built and natural environment. There are a number of important aspects of the curriculum, recognised in the work of National Curriculum subject-based groups, which fall between subjects or are elements of a range of subjects.

The list established by the Qualifications & Curriculum Authority includes environmental education, together with education for economic understanding, health education, careers education and citizenship, with personal and social education as an umbrella for all of these. The Authority produces curriculum guidance on all these aspects.

Cereals can be grown, harvested and ground into flour by the pupils.



Bee-keeping provides a means of studying social insects, pollination and honey production.



Study of insects demands concentration and good skills of observation; it leads to further investigation in the classroom.

Construction of artificial habitats presents a challenge in design technology and aids an understanding of wildlife.





Maypole dancing has links with beliefs, history and the performing arts.

1.12 History

The study of history can sometimes be history and the enriched by looking at the school buildings and grounds, questioning what was happening there during the period being studied and considering the school in the context of its locality and social history. There might be scope for simple archaeology, field walking and the sifting of soil for evidence. Local archivists and historians can often provide documentation on school sites. Landscapes reveal the story of the place and its people; grounds can be used for dramatic reconstruction of historical events, battles may be simulated, famous meetings enacted; trenches, foxholes, walls and defences can be made; roundhouses mentioned earlier can be built; ancient kilns can be constructed and used in the way our forebears used them.

1.13 Religious education

There are many decisions to make in relation to the school environment which raise religious and moral issues for the school community. These are concerned with caring and respect for all living things and for property.

In one school, a range of activities involves the pupils in experiences concerned with birth, life and death. Seeds are sown, cherished and finally the vegetable or fruit harvested. Animals are born and bred, cared for and, if death occurs, ~ the animal's body is treated with respect and reverently buried. No opportunity is lost to develop the children's sense of wonder at the

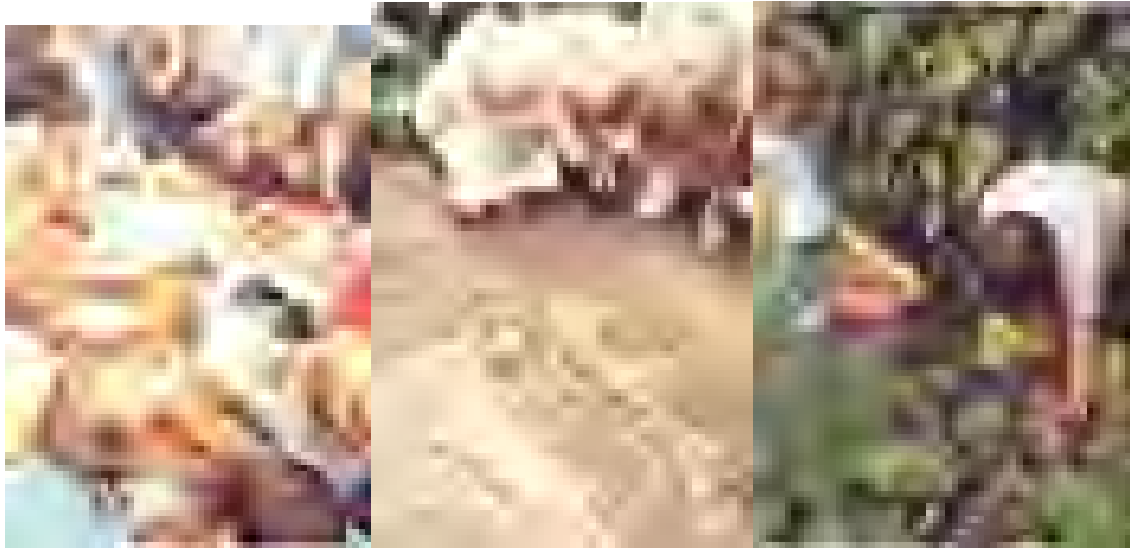


Animal visits allow first-hand experience of giving and caring.

Milking a goat reverses the process of giving, and encourages respect for animals.

This dead fox and the skeleton of a badger, buried and later unearthed by pupils, hold a variety of educational messages.

The gathering of crops gives meaning to the Harvest Festival and Thanksgiving.



beauty of nature, at the intricate detail and meticulous design in plants and flowers. They are encouraged to observe and to wonder at the arrangements of the colours in a cockerel's plumage, the sheen on the fur of a fox, the intricate yet regular double helical pattern of the seeds in the head of the sunflower. Pupils can be made aware of religion through the observation of ceremony, the celebration of Harvest Festivals and the keeping of special days. They might celebrate Mothers' Day with daffodils which they were responsible for planting and nurturing.

1.14 Drama

There are several schools where the designers have taken advantage of the land levels and slopes to provide outdoor amphitheatres. Some schools have worked to create distinct spaces through having planted enclosures and sometimes they have added lighting. A sheltered space is needed where an audience can be seated, perhaps on a grassy bank or stone steps, to watch and participate. Much less formal arrangements can be made for the pupils to enjoy the benefits derived from drama, through, for example, role play, self expression and mime. At a nursery school visited, the celebration of the Chinese New Year provided an opportunity for the children to fabricate Chinese artefacts, make face masks and together to construct a dragon. The children ate Chinese food which they had helped to prepare. Some dressed up in the dragon, and in the nursery grounds they re-enacted a Chinese play they had seen on television or had witnessed in Chinatown. Other schools have also been host to Mummers, to Morris men and to street theatre groups who make use of the outdoor spaces to display their skills to the children.

Preparation of a video can be more relevant and rewarding in an outdoor setting.



1.15 Art

A wealth of experiences in Art can be provided on even the most limited school site. Indeed Art can be a stimulus for developing the grounds. Pupils, staff, and parents, through the need to broaden the quality of the environment, can develop their own sensory awareness and creative skills.

Grounds can give opportunities for the expressive visual representation of a pupil's emotions and ideas, as a response to what has been seen. This may be through drawing, painting, printing, photography, sculpture or modelling, perhaps using material developed or produced in the grounds. The school and its grounds can provide for observation and judgement and the development of manipulative skills through a variety of media. These might include pencil, chalk, charcoal, paint and dyes, some of which may be derived from the grounds.

Outdoor performances by visitors or school groups create a new and often less inhibiting aspect of drama.

Outdoor features and views afford a rich vein of raw material for art work.



Pavement art is yet another use of the tarmac playground as a canvas for the whole class.

Making music outside also affords a sense of freedom and uniqueness.



1.16 Music

Music skills can be developed outside. Natural or recycled materials can be used to make simple musical instruments, including drums and percussion instruments, reeds and pipes. It is possible to record sounds heard in the grounds and achieve the beginnings of simple musical notation. Singing and music making can be novel and exciting in the outdoor environment. They might derive from a study of folklore, religious festivals or 'stately' occasions.

1.17 Pupils with special needs

All pupils can benefit greatly from work outside and pupils with learning difficulties gain particular advantage from outdoor practical experiences, which provide relevance to their work that may be difficult to replicate in a classroom. Some of those who are not physically disabled but have learning difficulties have been found to gain confidence, learn well and become more settled through working in the outdoor environment. Experiences with animals, particularly larger livestock, have proved to have a therapeutic effect upon children with emotional and behavioural difficulties. Involvement in active learning through observation and participation and in design and change in the grounds are particularly effective activities with these pupils. A first principle in providing for those with physical disabilities concerns access, and this affects the design of the spaces, paths, pond-sides, entrances and structures such as hides. For example, raised beds for planting out specimens and studying their growth would be useful for those in wheelchairs. At one centre for the physically disabled, ramps, suitably fitted with raised edges, extend into the pond to allow students in wheelchairs closer access to the water's edge for pond dipping.

Providing opportunities in the outdoor environment for pupils with disabilities has considerable implications for design, but the solutions to the problems posed must not deny those challenges that are the right of all pupils. It is not appropriate to provide undue help and guidance to pupils with disabilities; they need to learn through their successes and mistakes like everyone else.

1.18 Gifted children

In a discussion paper on gifted children in comprehensive schools, HMP recommended that the science which is taught needs to be of an investigative nature, that able pupils should be given access to suitable resources, and that they need enriching experiences. In the same document it was suggested that gifted children studying geography should undertake wide-ranging investigations using a spread of resources including equipment for measuring and recording in the field. The grounds can be used to extend the

learning experiences of pupils identified as highly gifted across a range of curriculum areas.

1.19 Other uses of the grounds

Up to 28% of a child's time in school (for example, before and after lessons and during breaks) can be spent in the school grounds. The nature of the grounds will have a profound effect upon what goes on during that time. Much will also depend upon the attitude of the school staff and the school's policies for the management of people and spaces during these times. The school is obliged to provide supervision but, for a variety of reasons, this is not always undertaken by qualified teachers. The possibility of there being inexperienced supervision means that special consideration needs to be given to planning and locating play activities



I DES HMI Series: *Matters for discussion 4: Gifted children in middle and comprehensive secondary schools.*



Constructive play, such as this den building, requires a wild area with raw materials and sympathetic supervision.

The designation of a skipping corner is a simple and effective means of zoning play activities.

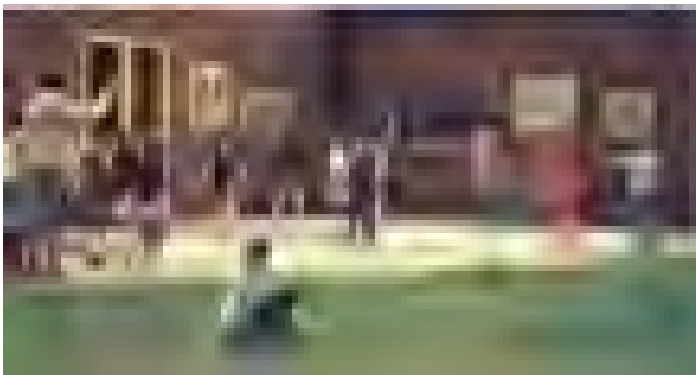
During this time -often referred to as 'playtime' -children are free, within certain limits imposed by the school, to choose what they do. Children Learn through play; it gives them opportunities to explore their own capabilities and their limitations. Through the medium of play they learn about themselves and other people. By trial and error, imitating others, practice and refinement, they develop a range of physical and social skills. They begin to understand social customs, the properties of a range of natural materials and man-made objects found in their environment. They learn to judge size, speed, distance, height, depth and width. They appreciate the benefits derived from caring and sharing, and the consequences of non-cooperation and selfishness. They have opportunities to develop and exercise their imagination.

Young children are curious and like to explore their environment They may be attracted to sloping ground, mounds, hiding places, trees, and climbing equipment. They love to fantasise, to build, to dismantle and sometimes to destroy. As they develop, children indulge in more formalised play which demands regular patterns of behaviour and compliance with rules -some initiated from outside, some self-imposed. Later on, play may become ritualised and peer group led. Team and individual activities, including ball games, become a means for achieving success, impressing friends and self- testing, as well as fun. Elements of drama and social exchange provide opportunities to develop associations and friendships, to handle disappointment and failure, to control anger and to cope with grief.

Many pupils like to play traditional ball games according to season and may dominate the asphalt playground to the disbenefit of others, especially where space is scarce. Statistics show that most accidents occur in the large unrelieved wide open playground through falls and collisions. Boisterous games have their place, but they should be contained and other areas should be provided for those who may have no interest in traditional team games, so a variety of spaces should be created. There is a need for sheltered places with seating, where children can meet in twos and threes to talk and listen, to exchange views and to sit quietly. There need to be places where a child can be alone to



There should always be an opportunity for quiet reflection.



Play markings are often the basis for new games or individual challenges.



think. For older pupils especially, there is a need for a campus style of design, with spaces of different qualities and sizes, well endowed with site furniture for meetings and gatherings. Clearly the challenge is to achieve lively and varied external detailing whilst successfully providing for robust and heavy usage. There are rich opportunities for study and the consolidation of learning, in addition to play, when playground markings provide for a traditional game like Hopscotch, or mathematical games which include logic tracks and problem solving patterns. Some board games can be adapted for the playground. There is a large range of play apparatus available from manufacturers who comply with the European Standards EN1176.

If the grounds are designed to be an environment for learning, there will be many instances of pupils experimenting independently with equipment and ideas previously used in curriculum time, or continuing to pursue an investigation started in lesson time using the opportunities provided in the grounds for that purpose. To the participant this may be 'play' but the reinforcement of learning which is taking place and the new ideas which are being explored are important components of learning. Play is made up of self chosen enjoyable experiences concerned with physical or social activities, both of which must be provided for. There is a need to allow for a wide variety of activities which can go on at the same time in a number of different locations. These can be paved or grassed, can be sheltered by walls, trees, shrubs or a bank, or left relatively open.



If a suitable area for toy cars is not available it will be created.

Sometimes 'pump priming' of ideas from a teacher can lead to a new range of interesting pursuits for enthusiastic pupils. They may find all sorts of options to develop (often in most ingenious ways and with little equipment) from an activity introduced by the teacher as a simple game. Selected junk material is always useful- often more so than sophisticated single purpose manufactured playthings -for building and constructing imaginative creations of the children's own invention. Sometimes what teachers have observed happening in play can be put to good effect in the teaching programme.

1.20 Importance of different kinds and sizes of space

Study of many different school grounds has confirmed the importance of varied sizes and types of space, particularly for informal and incidental learning. Such space, if it is of high quality, can lead to a close and trusting relationship between the various users of the grounds and to respect for their local environment. The detailed nature of this landscape is examined more fully in Section 2.



2.1 Landscape – a flexible resource

Large and healthy mature trees are an asset on any school site.

The school grounds are a potentially malleable resource that can be remoulded over time to meet the changing demands being placed upon them. The 'soft' landscape of grass, shrubs and trees is totally flexible.

Only the more substantial elements of the 'hard' landscape, such as roads and car parking, and of course the buildings, mitigate against change. It is important to examine how this landscape might be harnessed to the general and specific educational needs discussed in Section 1 and illustrated in Figure 1. Whilst there are differences in funding between new sites and existing grounds, the aims are essentially the same. It is wise to be aware of the practicalities on existing grounds, but not to restrict horizons unnecessarily. Emphasis must also be as much on longer term aftercare as on the initial implementation of change.

Setting



The local environment around a school is fundamental to educational use of its grounds. The appearance and activities of adjacent land-users must be reflected in the design and development of the grounds. They can, indeed should, contribute to its educational value. A view of the local scene costs nothing but it can say a great deal. Different neighbours and uses call for different responses in terms of their impact on both site layout and detailed boundary treatment. The challenge is to reflect the surrounding townscape or landscape in the broad pattern of site development, to the benefit of both school and local community. It may even be possible to use adjacent land churchyard, park, wood or meadow as an extension to the grounds and perhaps to afford resources that cannot be created within the site boundaries (Figure 2). Every locality is in some way unique as a result of its geology, soils, landforms and vegetation. In the past human activities have worked with these natural factors rather than be imposed upon them. As a result, it is

still possible to distinguish local variation in the character of the landscape and the built environment. The school site should express this individual identity rather than be renowned for its sameness or its dullness. The demands for breadth of opportunity and consequent resources in the grounds must be set alongside the need to convey a sense of belonging. In this respect it is important to remember that views are 'two-way', those into the school grounds being as relevant as those from them. Teachers and pupils can take the lead in assessing the visual qualities of their local environment as part of the curriculum in Art and Design (Figure 3)



EDWALTON PRIMARY SCHOOL,
NOTTINGHAM

Using adjoining woodland to develop a curriculum- related nature resource

The school was built in 1950's on a site which includes two hectares of woodland and in the 1970's it wished to extend the possibilities for outdoor study. With help from Rushcliffe Borough Council, the British Trust for Conservation

Volunteers, and pupils and staff, the woodland was transformed into an educational resource. This was achieved by clearing rubbish, tree planting, building a replica Saxon settlement, and creating a pond, stream and drama area. A school council was formed of elected pupils giving them opportunity to contribute to improving their surrounding environment. As a result, gardens were created and these are tended during breaks and at weekends. A farm unit was established with stables and hutches in paddocks for small farm animals, birds and rabbits. These are cared for by pupils throughout the year. In addition other features are provided for different kinds of play. The features provided encourage pupils to participate in caring for the environment and in the taking of responsible attitudes towards living things. These initiatives have made life at the school a positive and pleasurable learning experience.



2.3 Boundaries

There can be no standard solution to boundaries, even around an individual school. They should be designed to reflect visual and practical use criteria and demand specific solutions that are both cohesive and effective in relation to the local environment and neighbouring uses (Figure 4). Boundaries send immediate messages about the school to pupils, parents and visitors. Chainlink on concrete posts rarely achieves either visual or functional objectives. There is a strong argument for the positive use of hedges wherever possible. These provide both a boundary and an educational resource. If robust activities, abuse or incompatible neighbours demand more substantial boundaries, such as welded mesh (balls top fencing) or even earth mounds, these can be softened by planting. With younger pupils, there is, of course, the vital question of their security in the grounds, which must influence the design of boundaries and gates. Problems of trespass and of dogs are as much an issue of site management as boundary treatment, and relate directly to the involvement of the local community. The condition and the nature of the site boundaries reflect the image of the school and depend as much on good management as on sound design.

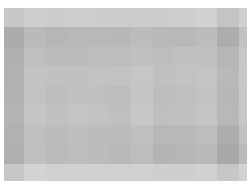
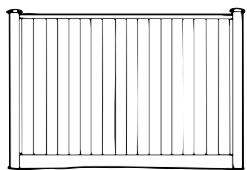
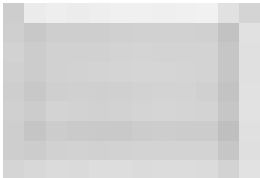
Gangmower
maintenance
Fire access



FENCING AND ENCLOSURE numbered in order of cost



2 Chestnut Pole

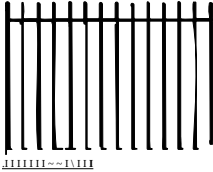


Higher Costl -

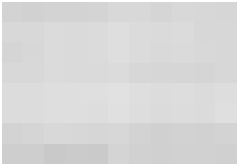
5 Close **Boarded**



7 Welded mesh



8 Mild Steel Railings



3 Chain link

6 Diagonal Boarded

9 Brick Wall

2.4 Sensory qualities

The school grounds should appeal to the senses of sight, sound, smell and touch and should be able to cope with a range of personal preferences for enclosed and open spaces, for active and passive uses, and for formal, structured and 'wild' unstructured areas. In order to satisfy educational requirements, it is important not to determine what will happen in every part of the site but to create a varied and flexible landscape that will afford many opportunities, some expected, others not even envisaged. The school grounds should be ever changing not static, stimulating not boring, welcoming not hostile, varied not bland. Although the reaction of visitors and the attitudes of neighbours are important, they should not predominate, but rather be reflected in the pattern of educational uses. Provided there is a landscape structure to create maturity and setting, change can be dynamic and ongoing, even to the extent of undoing or redoing earlier initiatives. The school building, its style, the materials from which it is built and its appearance all contribute towards the development of pupils' ideas and ideals about architectural quality and sense of place.

There is an immediate need on many school sites to create contrasting spaces of varying sizes and qualities which can appeal to different individuals and accommodate different uses. Given the sense of open space invariably conveyed by sports pitches, emphasis elsewhere can be on varying degrees of enclosure -the amphitheatre, the dell, the glade, the jungle or the outdoor room -with complete visual barriers, filtered glimpses and open views. These can afford potential for separation of active pursuits, such as ball games or chasing, and passive activities for groups, such as chatting, and for individuals, such as reading or reflecting. The way these spaces are linked is equally important in extending the range of educational opportunity. Their arrangement can afford a changing collage of experiences that create intrigue, anticipation and surprise (Figure 5). There is opportunity for teachers and pupils to be involved in sensory appraisal of their site and in developing ideas to enhance its character and qualities.

Where younger pupils have put forward their own suggestions as part of a wider consultation exercise, they are both revealing and significant. For example:

- .a place for adventure where we can make up our own games;
- .a place for reading;
- .a place to watch birds and other living things;
- .an area for conversations; .places to hide;
- .a frightening place;
- .a place where we can be quiet;

.a place where we can build things.

The essential feature is that both teachers and pupils are seeking variety and quality of space with a suitable ambience and usefulness, which does not necessarily mean the provision of expensive artifacts or surfaces.

2.5 Microclimate and pollution

Both the school buildings and the school landscape should seek to work with natural elements rather than defy them. The location of the building complex, its level in relation to its surroundings, its configuration and its orientation all have a major influence on microclimate. Teachers and pupils can take the lead by observing, recording and analysing local weather patterns. They can then design and implement measures to mitigate climatic extremes and thereby conserve energy indoors and assist greater use outside.

Even on an existing school site much can be done to overcome exposure and wind funnelling between buildings by shelter-belt planting. It is not just the buildings that require shelter, it is equally important for outdoor classrooms, study or play areas and sports pitches. Shelter-belts may vary from a dense hedgerow to a 20 metre wide woodland, but only wider, higher designs allowing about 40% filtration will combat winds and reduce the chill factor over a greater part of the site

a A cool orchard or open woodland

b A mature standard tree provides shade

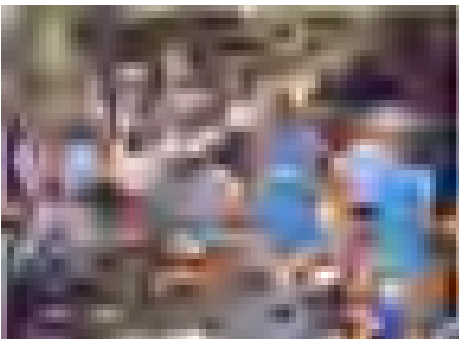


(Figures 6 and 7). Another advantage of shelter planting is the possible longer term savings on the building's energy budget. The benefit from shelter-belts often considerably outweighs any possible increase in heating demand due to shading. Since it is difficult to ensure all pupils wear appropriate clothing and footwear for outdoor activities, sheltered spaces and all-weather surfaces will do much to achieve all year round use.

Overhead elements, such as a roof canopy or the tracery of leaves formed by a tree's branches, create a sense of enclosure and refuge. They can also provide a large outdoor umbrella to give protection from the rain and form a shield from the sun. A large covered yard *or* even a small veranda is somewhere to sit or play, to feel secure from the rain pattering on the roof or the sun blazing down and yet to be part of an outdoor world rather than be confined to a building (Figure 8). It is another means of encouraging greater use throughout the year. Trees or even large shrubs are ideal sunshades but isolated specimens may attract excessive wear around their trunk. Retaining walls or circular seats might cope with the problem but dispersion of wear by increased opportunities -an orchard for example -is a more attractive proposition.

A belt of trees provides shelter, as well as being a feature and habitat in its own right.

Even large shrubs and quite small trees can create intimate shaded spaces for younger pupils.



Noise and air pollution are increasingly familiar obstacles to the use of the school site. Trees and shrubs are not successful in attenuating noise, which requires a solid barrier like a wall, fence or earth mound close to the source. At most they may achieve a psychological reduction by screening the noise source. They are more successful in filtering air pollutants, especially the finer leaved deciduous species and certain conifers. Such pollution screens would also create another educational resource. Walls and fences are high cost elements which offer an immediate screen and sound barrier and are valuable where space is restricted. Earth mounds or simple manipulation of site levels can achieve similar ends, by creating a steep, densely planted embankment facing the noise source and more gently sloping land within the site (Figure 9). It could be available for use by the school and might be modelled into a stage, terraces or ramps.

The individual standard tree with dense foliage is a wonderful sunshade.



log seats and grass in the shade beneath a large tree provide a unique and attractive setting for lunch- breaks.

This enclosed space or 'shell' is ideal as both teaching and recreation space.

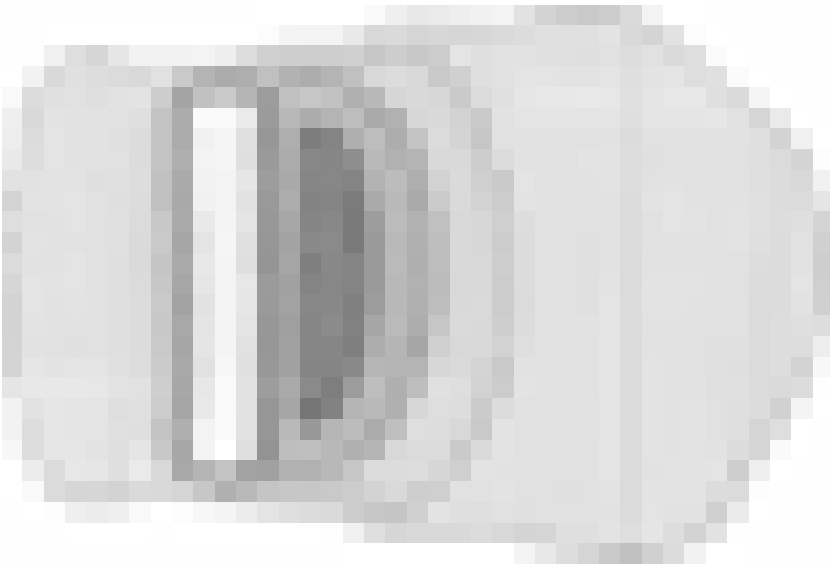




The link between inside and outdoors is stronger with glazed halls and atria.

FIGURE 6

USING TREES TO PROVIDE SHELTER



30 times height of shelter

—

Shelter belts must allow some wind through them (ideally 40% and they can reduce it's speed by as much as 60%

~

Reduction in wind speed

Construction
of the
Lamp
1.4.2.1.1

Construction
of the
Lamp



1.4.2.1.1

1.4.2.1.1

1.4.2.1.1

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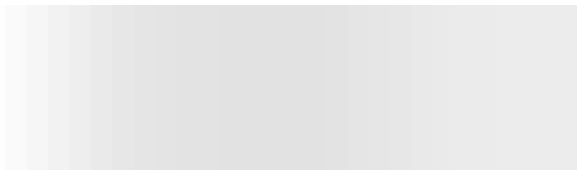
1.4.2.1.1



SCREENING TREES AND EARTH MODELLING ,TO SCREEN OUT POLLUTION

Trees can filter dust but are for less successful in reducing noise

A combination of modelling and planting can reduce impact of traffic from above (d) below (c) or at grade (b).



(a)



(b)



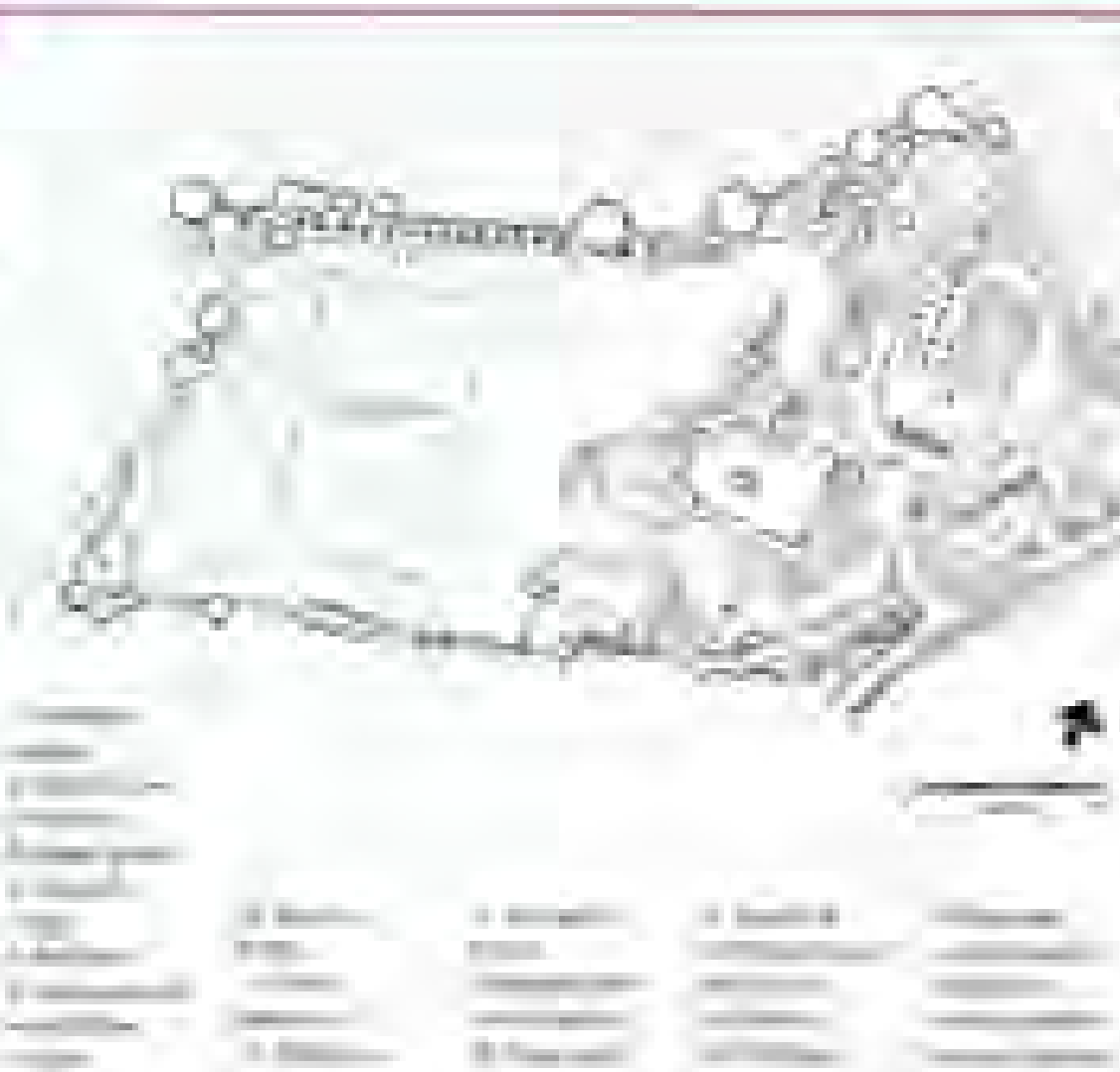
Abstract
 The purpose of this study was to investigate the effect of a 12-week training program on the physical fitness and body composition of sedentary individuals. The study was conducted in a laboratory setting and involved 20 participants who were randomly assigned to either a control group or a training group. The training group followed a 12-week program of aerobic and resistance training, while the control group remained sedentary. Physical fitness was assessed using a variety of tests, including a 10-minute step test, a 1-mile run, and a 1-mile walk. Body composition was assessed using a skinfold thickness measurement and a bioelectrical impedance analysis (BIA). The results of the study showed that the training group had significantly higher levels of physical fitness and lower levels of body fat compared to the control group at the end of the 12-week period. These findings suggest that a 12-week training program can effectively improve physical fitness and reduce body fat in sedentary individuals.

Keywords: physical fitness, body composition, sedentary individuals, 12-week training program, aerobic training, resistance training, 10-minute step test, 1-mile run, 1-mile walk, skinfold thickness measurement, bioelectrical impedance analysis (BIA).

1. Introduction

Physical fitness is a state of well-being that allows an individual to perform physical activities with ease and without undue fatigue. It is a complex concept that encompasses a variety of factors, including cardiovascular fitness, muscular strength, and flexibility. Physical fitness is an important component of overall health and well-being, and it is a key factor in the prevention and treatment of many chronic diseases. Unfortunately, many individuals are sedentary, which can lead to a variety of health problems, including obesity, heart disease, and diabetes. Therefore, it is important to investigate the effect of physical activity on physical fitness and body composition.

The purpose of this study was to investigate the effect of a 12-week training program on the physical fitness and body composition of sedentary individuals. The study was conducted in a laboratory setting and involved 20 participants who were randomly assigned to either a control group or a training group. The training group followed a 12-week program of aerobic and resistance training, while the control group remained sedentary. Physical fitness was assessed using a variety of tests, including a 10-minute step test, a 1-mile run, and a 1-mile walk. Body composition was assessed using a skinfold thickness measurement and a bioelectrical impedance analysis (BIA). The results of the study showed that the training group had significantly higher levels of physical fitness and lower levels of body fat compared to the control group at the end of the 12-week period. These findings suggest that a 12-week training program can effectively improve physical fitness and reduce body fat in sedentary individuals.

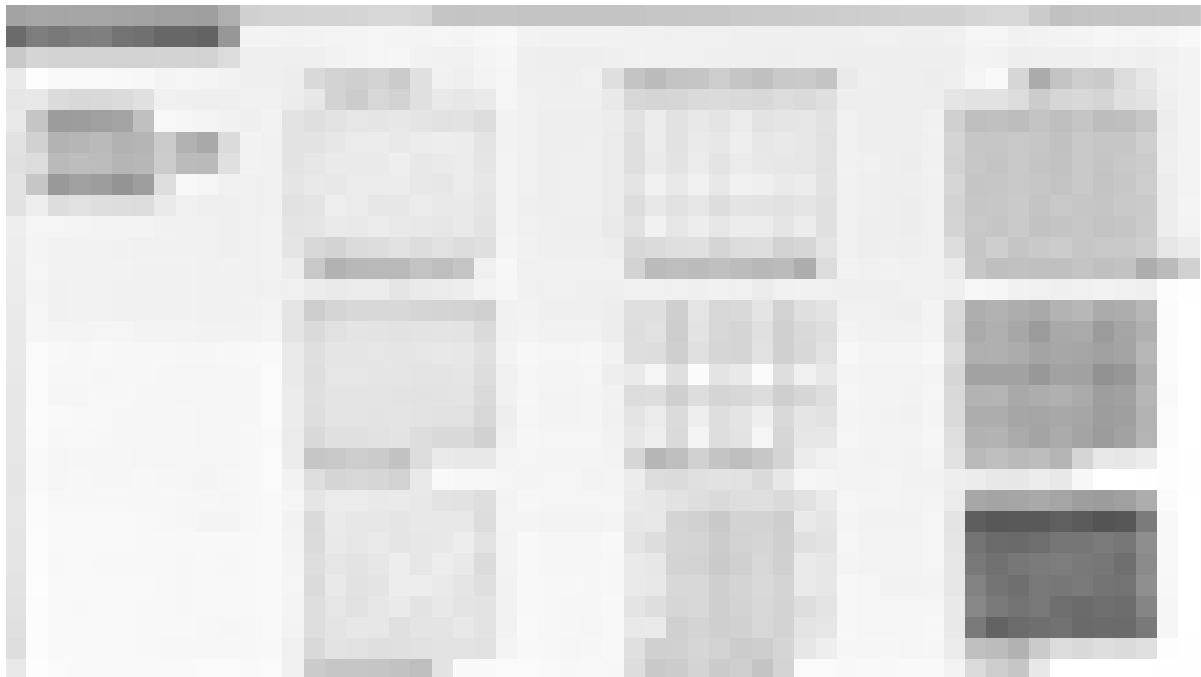


separated from other vehicles and suitable storage should be provided in secure areas such as a locked compound that is frequently overlooked. Segregation of pedestrians should equally aim to achieve not merely spatial division right from the entrance, but should, wherever possible, be separated from the road by modelling and planting. In the same vein, positive provision could be made in primary schools for parents at the beginning and end of the school day by inviting them onto the school site to sit or chat in a pleasant, restful space that affords some covered shelter. since there is rarely a conflict in time, such provision could have a multi-use function as a social play area, outdoor classroom or arena.

Where there is a need for a number of pedestrian access points it is usually better to provide positively for them and to manage the site to ensure such access is not abused. Separate pedestrian entrances are another means of achieving segregation and may well preclude damage to boundaries and creation of 'desire lines', or natural routes. They could be researched, designed and used by pupils whilst being available to parents and the wider community. These footpath links might also be incorporated into a matrix of routes and trails across the site. Such linear features are most efficient in their use of space and can be designed to offer an ever-changing kaleidoscope of experiences. There could be a hierarchy of routes, some hard surfaced with tarmac, paving slabs or self-binding gravel, others defined by close-mown paths meandering through meadow, or wooden plank walks over wetlands (Figure 10). Full consideration of the needs of all who use the grounds should be given; these include pupils with disabilities, parents and visitors. The width of paths must also cater for groups of pupils, requiring 3 metres in some cases, and the direction must be the most natural, with an absence of sharp comers and the creation of larger areas around entrances where pupils gather.

2.7 Hard landscape

Roads, turning areas, lay-bys, parking bays, footpaths patios, hard play areas and sitting areas demand individual hard surface detailing to create a rich diversity of materials, colours, shapes, textures, patterns and sizes (Figure 11). The challenge is to achieve these ends within both the budget and the brief so as to maximise the potential for educational use, yet





Schools often need a variety of leaves, flowers buds, bark and seeds of both native and ornamental plants.

Their growth is more rapid than , larger nursery stock, often 300 mm or more per annum, and within 5 to 8 years they can make a meaningful contribution to the landscape. They are small enough for pupils to plant and sufficient in numbers for them to identify with individually. For more immediate impact, much larger, heavy standard trees 3.5-4.5 m high provide a more robust alternative especially suited to urban sites or areas close to heavy usage. Species choice for wildlife value is best based on those indigenous species common in the locality, although educational demands may include a variety of leaf shapes, colours and sizes, different since fungi depend on forms of seed, buds, twigs, bark or dead and decaying blossom. This is an area where sound wood. landscape advice is essential.

It is important not to be too tidy-minded, since fungi depend on dead and decaying wood.



2.13 Hedges

Hedges usually require a simple agricultural fence with plain wire during their establishment phase, yet are still cheaper in capital terms than chainlink. An attractive option is a . blackthorn mixture of 70-90%, enriched by 2-4 occasional hedge species common in the locality. Once established the hedge can be cut regularly or be allowed to grow on and eventually laid in the traditional manner. If there are no neighbouring constraints, trees can be included as individuals or small groups in the hedgerow, thereby enhancing its landscape significance. There is no reason why hedges should be thought of merely as a boundary treatment. They may be used very effectively within the school grounds to separate uses, to define spaces, to screen and to shelter. Beech, hornbeam, evergreen or other ornamental shrubs are alternatives to the blackthorn hedge in these situations.

Collection, propagation and study of tree seeds affords a wide range of educational benefits

A great variety of plants can be propagated, grown on and used to enrich the grounds over both the short and the long term.



A diversity of plant canopies - groundcover, shrubs and trees -creates variety in landscape and habitat.

2.14 Scrub

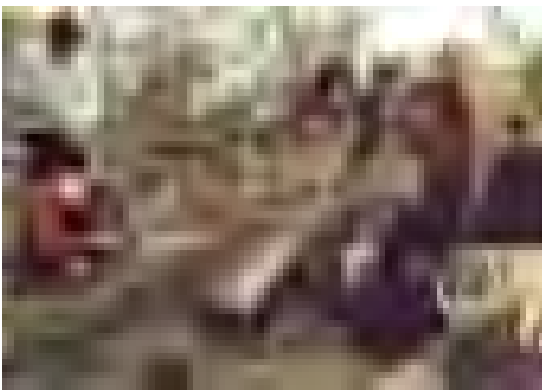
Another vegetation type worthy of consideration is scrub, typical of unmanaged grassland which over a period of 10 to 15 years has been colonised by a variety of shrubs and trees set randomly in groups and in isolation. Scrub growth amongst meadows with pathways mown through would satisfy a frequent demand by teachers and pupils to 'roughen the site up!' There is, however, a danger that the pendulum will swing from the extreme of horticultural delight to that of ecological correctness with regard to choice of species. In reality the grounds present the potential for a more artistic and horticultural approach, perhaps closer to the buildings, merging gradually into a more 'natural' and sylvicultural theme towards the periphery. There is no reason why the former cannot be designed to be of value for wildlife or the latter to provide visual delight.

Rather than burn logs and branches, a range of habitats can be created with them.



The ability to search or hide amongst woodland is often a missing ingredient in school grounds.

This close study of birch bark highlights the need to plan for, and allow, robust investigation.

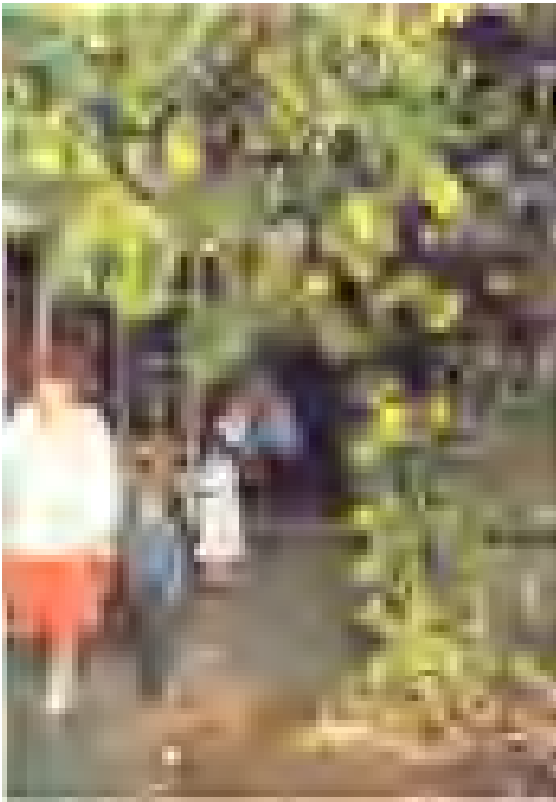


Sowing a wildflower meadow can be organised from the outset as a school project.

Planting wildflowers raised from seed is a viable alternative to sowing, especially where the existing ground flora is to be retained.

2.15 Shrub borders

There has been a tendency to use shrub borders for residual spaces or where windows open outwards. A low sill then demands constant pruning of shrubs beneath the windows to restrict height and maintain light, in which case they are rarely visible from the classroom. They are at the same time prone to wear from adjacent, heavily used footpaths. That is not to say that shrub borders should not be sited against buildings, rather that the design and use objectives must be understood and a suitable growing environment created. They generally need to be at least 1.5 metres wide and well away from the roof overhang to avoid drought conditions.



Climbers, used in this case to form a unique school entrance, are often a neglected resource, especially where space is restricted.

Special edge treatment or change of level is necessary near to doorways, paths and other areas of heavy usage. Shrub borders can be as expensive to establish as cheap hard paved surfaces. Their maintenance costs are also relatively high, if done properly, which argues for their being used judiciously and for a purpose. It might be to clothe a blank wall, for visual delight, to form a herb garden or herbaceous plants for cut flowers, to shelter, screen or define external spaces, or, most importantly, to attract birds and insects right up to the classroom window for observation by the pupils.



I hear and I forget, I read and I remember,
I do and I truly understand.

2.16 Bulbs

For the price of one heavy standard tree it is possible to purchase five hundred bulbs, so creating a magnificent drift of flowers that may continue to multiply and vividly herald the optimism of a coming spring. Bulbs and corms have been a neglected aspect of the soft landscape on the school site. Frustrations to the mowing regime can be overcome by siting a spring meadow around and beneath groups of trees, thereby also restricting the danger of mower damage to trees. This is another case where teachers and pupils can take on responsibility for planting and with it a sense of involvement and ownership.

Monitoring wildflower meadows affords educational opportunities across the age range and throughout the curriculum.



2.17 Lawns and wild flower meadows

Increasing interest in wild flower meadows might immediately be met in certain areas by allowing occasional breaks in the mowing regime on lawns, so that daisies, buttercups, speedwell or clover can flower. Variation in the mowing regime also presents the opportunity to break down the scale and monotony of close mown grass and to avoid rectangular shapes. In the same way that the netball court does not need to be sited on a rectangle of tarmac, so the pitch area(s) could be contained within flowing curves of longer grass or meadow. Positive enrichment or replacement of an existing sward by sowing or planting demands sound advice as to the site and the species. Successful techniques include turf transplants from a species-rich sward, using late-cut species-rich hay as a seed source, sowing a proprietary wild flower seed mixture or raising wild flowers from seed and setting them in an existing sward as young plants. They all require close monitoring and careful management, both of which have direct curricular application, as indeed has the initial choice and variety of techniques used. It can be particularly attractive and useful if wild flowers are brought right up to the classroom windows. At the same time, it is important to make the grounds, especially near the buildings, appear loved and cared for. Close mowing of a single swathe width or larger area close to paths and hard surfaces is one means of achieving this. There could equally be a place for the formal, manicured lawn in courtyard or sheltered spaces to allow for croquet or outdoor bowls.



Differential mowing regimes create contrasting textures, colours and habitats and break down the scale of the grounds.

Where resources and supervision allow, learning often continues outside lesson time.

2.18 Water

Water should always be considered as an integral part of the soft landscape since it affords a uniquely stimulating and attractive medium for teachers and pupils. Questions of safety must affect how and where water is used but they should not preclude it. Existing ponds, ditches and marsh land on new school sites should be retained wherever possible and appropriate. Clean surface water from hard surfaces could be directed to a wet meadow, marsh, or pond, provided any surplus overflow is catered for. This might be by means of open ditches, thus creating a further rich resource, rather than hiding all water underground in pipes. Poorly draining soils in low- lying areas may only need to be scooped out to hold water, at least in

winter. More permanent water areas may require a butyl liner, concrete or puddled clay. Study and observation demand specific and safe edge detailing in the form of paving slabs, timber decking or shelving gravel around a part of the pond. A raised pond is an attractive alternative, suited to use by pupils with disabilities, but less attractive to wildlife if it is completely enclosed, and it is more expensive.



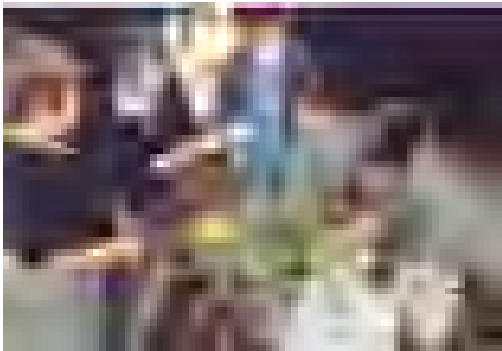
A hard edge to one side of a pond allows for congregation, dipping and sampling.



Soft edges to a pond are more natural, but often mean more difficult access and cannot sustain intensive use.

2.19 Crops

It has already been seen how the growing and observation of plants has applications across the curriculum. This can be far more than growing radishes or sunflowers, and may include all types of vegetable and garden flowers, cornfields, tree nurseries, orchards, soft fruit, hops, nutturies, osier beds or even coppice. They offer the means not merely to become directly involved in crop production but also to diversify and enrich the grounds. Broadening the potential for crop production on the





restricted area of the school site does not mean the omission of ornamental plants but rather a blending of the two. In some cases shrub borders have been successfully converted to crop production, thus bringing it right up to the classroom window.

Alternatively, specific growing areas can be provided either as long, narrow strips or as family plots. Strips of cultivated ground are easier for the groundstaff to rotate periodically and can be divided by rows of paving slabs to facilitate access.

Growing crops close to play areas may well require protection, but they form an additional attraction for both participants and spectators.

Orchard trees are the multi-purpose food source, landscape feature and sunshade.

Location close to the school has encouraged this dinner lady to help with bulb planting.

Planters allow the introduction of flowers to barren tarmac

2.20 Animals

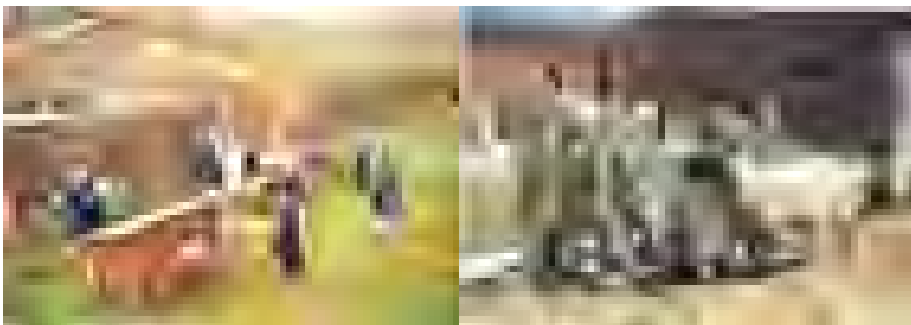
The keeping of animals in the school grounds can involve both temporary and permanent provision and extend from a pet corner to a community

farm!. The creation of small enclosures in courtyards or the corner of a building will allow pets or even small livestock to be kept during the day with great potential for observation and study. Similarly, to have a small paddock area where larger farm animals could be brought onto the site for a day or possibly longer would increase the range of opportunities

1 *'Animals in Education-making your school animal friendly'*, available free from the RSPCA, deals **with all** aspects of animal welfare. See also Department of Education and Science Administrative Memorandum No 3/90: *'Animals and plants in Schools: Legal Aspects'*.



Artificial habitats can 'so be a sculpture



Pet hutches within a larger, secure enclosure afford greater freedom for animals and pupils.

A small paddock close to the school allows short visits from farm animals.



Erection of temporary fencing is another way of catering for animal visits.

2.21 Sports pitches

The provision of sports pitches has been the single most significant factor shaping the appearance and character of many school sites. It has been amply documented in *Building Bulletin* 852 and is the only outdoor resource that is subject to precise definition of space standards. Layout of pitches at an angle to site boundaries, rather than parallel to them, can create triangular pockets of land for other environmental resources that might focus on a specific educational aspect or subject and enhance the school setting. It also makes more space behind goals and still allows for moving pitches around on the larger school site (Figure 14).

Recent research revealed that natural grass pitches without improved drainage can sustain little more than three hours use per week during winter as against the seven hours prescribed in the Education (School Premises) Regulations. At the same time, advances in the construction of both natural and synthetic surfaces offer the opportunity to exceed these targets. There is a good argument for improving those pitches with the best location and qualities, and achieving more diverse usage on the remainder. Trim trails, assault courses, camping or other outdoor educational pursuits are all possible on pitch areas with poor potential for team games. Such diversification might include the creation of varied habitats for wildlife which would also form a setting for these outdoor activities.

On a new school site, it is vital that high specification construction and drainage techniques are used from the outset. Options for improving existing natural turf facilities range from introducing a drainage matrix of sand/gravel slits to completely replacing the rootzone with medium fine sand, possibly combined with the strategic use of reinforcement materials to help stabilise areas prone to intensive wear. Some of the cost of these improvements may be offset because they can then be used to generate a greater potential for shared use.

The DES (now DfEE) and the Sports Council jointly sponsored research into the construction, maintenance and use of natural turf winter games pitches. The monitoring of the use by players and the collecting of scientific data was undertaken by the Soil Science Unit of the University College of Wales, Aberystwyth,

and the Sports Turf Research Institute respectively. To date their findings from a small sample of specially constructed pitches representing the pitch construction types most widely used suggest the following in terms of hours of adult play per week during the winter months.

2 The Bulletin additionally provides Area Recommendations and advice on Hard Surfaced Games Courts, Informal and Social Areas, and Habitats. (Non-Statutory but essential to meet Curriculum and Extra-Curriculum demands).



The establishment of young trees creates many tasks that can beneficially be performed by pupils.

Maximum adult usage per week

slit drained pitches with sand top dressing	6 hours
sand carpet pitches	<u>9 hours</u>
sand profile pitches with controllable water table	12 hours

The researchers estimate that a pitch's ability to sustain wear related to 8-16 aged pupil play would approximate to nearly double that of adult play!.

The research indicates that regardless of construction types, usage and maintenance, guidelines and advice must be strictly adhered to in order to prolong the life span of ttle facilities, maintain acceptable playing quality of the surface and reduce renovation costs. Undrained and pipe drained pitches will inevitably suffer from poor playing quality during and after heavy rainfall, and usage cannot be planned as accurately as with the other types of construction.



Even where maintenance skills require external help, the educational potential of such work need not be lost.

1 This research may be useful when assessing the need to provide grass pitches capable of sustaining the playing of team games by pupils for seven hours a week as required by The Education (School Premises) Regulations 1999.



When pupils take on care of the grounds it often leads to a sense of ownership and responsibility.

2.22 Security

The school landscape must minimise the likelihood of wanton damage whilst ensuring a safe and secure environment for pupils and teachers. Security has been the subject of a DfEE publication³, The argument that management approaches should aim at ensuring the premises are, at all times, kept in a state of good repair and should encourage constructive and supportive attitudes amongst pupils, staff and parents is equally applicable to the grounds. 'There is seen to be a relationship between appearance, ethos and image of a school and the way it is perceived and treated both by pupils and the surrounding community.' Such a good housekeeping approach is considered to be the most cost- effective security measure. Moreover, the grounds have more potential than the buildings for the pupils to become actively involved in care and

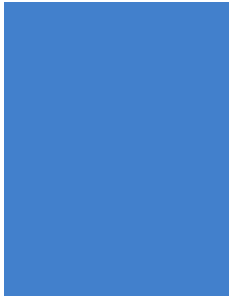
development and thereby to assume a sense of ownership.

2.23 Safety

Thorny shrubs, uneven hard surfaces and broken fencing can all affect safety in the grounds, but it is surfaces beneath play equipment which have been the subject of most recent discussion. Yet the majority of playground accidents involve collisions and related falls on the same level, where overcrowding or poor layout of equipment may be contributory factors. This does not necessarily result from a lack of space, rather a lack of choice, the dearth of stimulating and interesting opportunities causing local crowding.. Clearly, play equipment must never be ' dangerous, although it may only be attractive to pupils if it incorporates some risk, Indeed pupils may well create risk-taking situations where the play environment does not provide them⁴. Impact absorbing surfaces that are available include sand, wood chips and bark, rubber tiles or shredded rubber, but they all require ongoing maintenance and only constant vigilance can minimise the risk of accidents. Supervision must be astute yet not restrictive, since the more dispersion of pupils that is allowed, the greater their opportunities for play and the less the problem of consequent wear, especially to the soft landscape,

3 Managing School Facilities Guide 4 'Improving Security in Schools' (HMSO 1996)

⁴ Most safety aspects are covered in '*Play Safety, Guidelines, for Outdoor Play Provision*', National Playing Fields Associations 1997



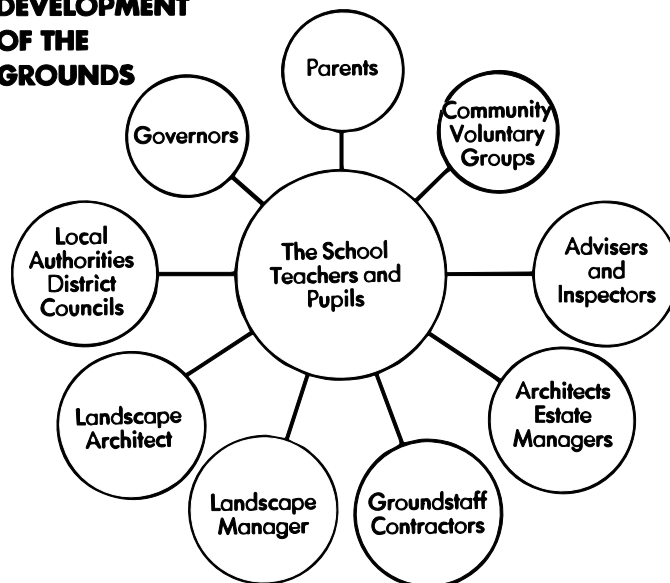
3.1 Potential participants

Achievement of any design or management initiatives to enhance the educational use of grounds is absolutely dependent on partnership and teamwork. Their disparate nature and the lack of a common purpose have been major impediments to progress in the past. Every local education authority is to some degree unique in the way in which care and development of the grounds are arranged. Yet the issues of close partnership between education and landscape staff, and within the latter group between designers and managers, relate to all of them. Those who could be involved are set out in Figure 15.

Whilst success can be achieved by one individual- and there are many examples of this -it is richer and more lasting where it involves teachers and pupils, educational advisers and landscape specialists. A 'whole-school' approach can recognise mutual benefits, resolve conflict and overcome a notable reluctance, at all levels and even within the education service, to involve pupils right from the outset. There may well need to be a small working group and one member of staff taking on a liaison role for the grounds, especially as it relates to day-to-day maintenance. Communication is the key. Everyone must participate and if someone leaves the school there should always be two or three potential replacements. If there is a written policy commitment to educational use of the grounds by an individual school, and preferably by the LEA, it will provide a firm platform for newcomers to develop this role.

FIGURE 15

**POTENTIAL
PARTICIPANTS IN
DEVELOPMENT
OF THE
GROUNDS**



3.2 Diffusion of landscape skills

Personal qualities and informal working relationships have had more influence than organisational structures in determining the quality of the landscape service. In the hands of a sensitive landscape manager, attuned to the value of the school site educationally and environmentally, initiatives in the school grounds have flourished. The absence of such attitudes and teamwork has resulted in the adoption of traditional and essentially unchanging maintenance.

A major feature of all local authorities is that design and management of grounds are seldom unified. Location in quite separate departments is commonplace. Yet there is no clear distinction between the two roles in practice; designers influence the nature and type of management, and managers influence the establishment of a new landscape scheme. The achievement of educational objectives is totally dependent on partnership between these interlinked disciplines. There is a strong argument for encouraging greater contact either by inter departmental working teams or by secondment of staff. By such means, daily, as opposed to monthly or even yearly, contacts can be maintained.

3.3 An interdisciplinary approach

The relationship between landscape and education staff is even more critical. As one teacher observed: 'It is generally felt that the schools themselves must have an active role in managing their sites. The problem is that no-one in education is trained to control standards of grounds maintenance. The Local Education Department is the client but often does not know what it wants and therefore allows grounds maintenance officers the dominant role in the process!' This isolation has been breaking down and it accelerated with the introduction of Local Management and the potential for greater participation by teachers and pupils.

Teachers plan and understand their own work but are not always aware of what they need from the school grounds or what they could quite easily have. Conversely, landscape architects and managers may not appreciate educational demands on the outdoor environment, which are often most ably expressed by pupils. There is much to be gained from the interdisciplinary approach. Landscape staff could directly assist the education advisory service by showing schools how new outdoor resources can be created and

maintained. Teaching staff and pupils could work with landscape managers to ensure the service is more directly tailored to the needs of the school. Such liaison must be co-ordinated so that schools always know who to contact and for what advice or services.

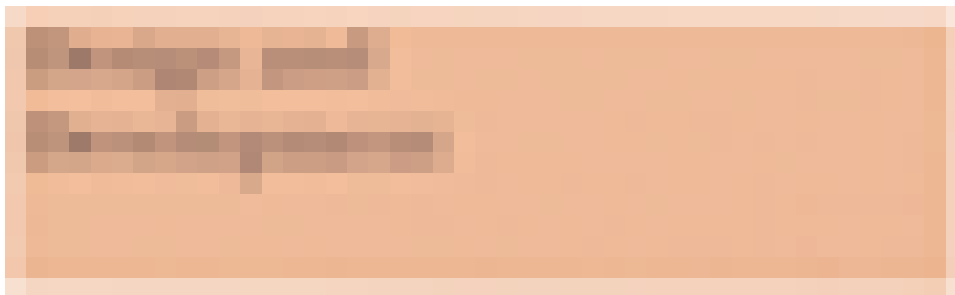
3.4 Training

Greater benefits can also accrue if an inter-disciplinary approach is adopted towards training. Thus teachers could contribute to landscape training courses and landscape staff to educational courses. Indeed this could ultimately extend to courses by one discipline for the other. Only by this means can there be a fuller understanding of the constraints and opportunities, the means and the ends. It is another way of ensuring that designers, managers, educational advisers and teachers work in partnership on a daily basis.

3.5 Implementation

A school taking on sole responsibility for an area or landscape staff providing resources in isolation are both approaches prone to failure. The active type of learning demanded by the National Curriculum requires involvement leading to a sense of ownership. At the same time, extensive new works and aftercare may depend on specific technical skills, labour and machinery. A mixed economy, where the school identifies those tasks it can undertake to the educational benefit of the pupils and those for which it needs support from landscape staff, is likely to be most successful. It relies on the closest liaison and understanding between the school and the local landscape supervisor. He or she must exercise a light touch in supporting and advising teachers and pupils, frequently in the background but always available. It is a far more challenging, yet an infinitely more rewarding, role.

The degree to which a school may need such support depends on the age range of the children and the attitudes, skills and contacts of the teachers. Some teachers may have the ability, although not necessarily the time, to undertake much of the work in partnership with their pupils and merely require occasional logistical help in the form of labour, machinery or materials. Others may have useful contacts with local voluntary agencies or through the governing body. Consultation with parents, neighbours and the local community is also essential, and it may lead to offers of support and direct assistance. Such voluntary help is far more feasible for new works than for on-going maintenance, since there is no long-term commitment. Greater emphasis on showing schools how they can do things for themselves and where they can get advice and material support can only further their direct involvement. Full participation by pupils throughout this process achieves educational objectives, such as skills in English, Mathematics and Design, together with learning in environmental and social education.



4.1 The new school site

Whilst the principles of landscape design and management to maximise educational opportunities can apply

equally to new sites and existing grounds, their implementation takes place within totally different frameworks. New sites form part of a capital programme, where specific financial resources are allocated and there is a building team directly responsible for the works.

4.2 The brief

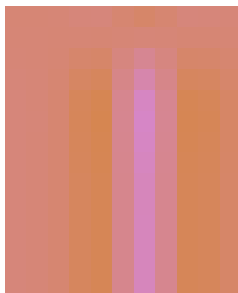
The development of the brief for a new school site is an evolutionary process. The landscape deserves as much attention as the building. It should never be standard or static since changing ideas and techniques merit experiment and evaluation for inclusion in future briefs. Beyond the need to state size of areas and number of facilities, it should explain the aims and aspirations of teachers and pupils and the character, qualities and features to be created for maximum educational opportunity. Design of the overall site layout and detailed landscape treatment demands guidance on their purpose. The adult perception of designed orderliness, colour, texture and scale is often different from that of the child and it is important to consult widely with teachers and pupils to create an outdoor environment that they will value and use. Since there should be no such thing as a 'standard' brief, emphasis must be on the approach and the areas it should cover, as outlined in Appendix 3.

4.3 Site selection

In the same vein, the choice of a greenfield site should include not just financial, land ownership and planning factors but also that of its potential use. A flat featureless piece of land is ideal for convenience of building and playing field construction but it is not for the early establishment of a landscape form. A site with diverse landform or extensive vegetation that relates well to the local community it serves may present design problems but it also provides character, challenge and opportunity. If these considerations can be fed into the local planning process early enough, they will reap rewards and .. provide cost benefits.

4.4 A site appraisal

It is important that all members of the building team should present the site's constraints and opportunities from the specialists' viewpoint. In landscape terms it may involve significant landform or existing vegetation, shelter or exposure, views from and to the site, soil conditions implications of playing field construction, access, orientation and circulation (Figure 16). It makes Sound Sense to retain mature trees wherever possible rather than wait 30-60 years to see items replaced. It takes only a few hours to destroy what might have needed generations to establish. Existing overhead or underground services, planning requirements, easements, covenants or public rights of way are other issues which must be addressed at the outset. In order to meet future planning deadlines such details can be prepared by the landscape architect as soon as the site enters the building programme, and should always be available to the architect before any design work commences. It could take the form of a site appraisal which accompanies the brief or, where applicable, is incorporated within it. the documented history of the site, its past development and the related





reports and drawings will form the basis of useful indoor/outdoor class studies later on. It is important that copies of all these documents are made available to the school.

4.5 Options

Since the spatial disposition of the major elements on the site -location and relationship of building(s) , playing fields access, servicing and parking, hard and grass play areas - are absolutely crucial to landscape and educational opportunities, it makes sound sense to be flexible and look at all the options. Two, three or more notional layouts, incorporating these main elements, may be feasible and worthy of discussion and development with teachers and pupils (Figure 17). Design, management and use considerations will need to be placed in a financial context when appraising options but costs should not be the only selection criteria. In essence, the preferred option should look and work best. This stage should never be rushed since in

landscape and educational terms the main issue is not the detailed treatment but the overall site layout. It is essential that substantive work on site is not undertaken until a preferred option is agreed, to avoid negating site features it might be possible to retain or develop.



4.6 Budget estimates

Once a site is included in the capital programme an overall cost needs to be established and it is often required before detailed site planning is undertaken. It is vital that the landscape architect prepares an outline estimate for external works at this stage for inclusion in the total project cost. Provided due allowance is made for the uniqueness of the individual site, such an estimate can be based on a simple elemental rate for the main components -sports facilities and playing fields, site furniture, " boundary fencing, play and social areas, tree surgery and management, habitat creation, planting, seeding and aftercare (Figure 18). The last is especially important as Local Management means a global grounds maintenance budget is no longer available for each authority to cover establishment costs. Aftercare as part of capital works should include at least one year's maintenance for grass areas and three years' maintenance for planting areas.



20% **and** higher

10% or less **without**

4.7 Development of

the landscape scheme

It is far preferable if the landscape details accompany the planning application and, as a result, the design of the site is developed in partnership with the architect. It gives both the client and the planning officer a much better indication of what the whole site should look like. Similar liaison should ensure that much of the landscape scheme can be implemented in tandem with building construction, provided individual contract areas and related access are clearly defined. It is then possible not only to create plateaux for playing field(s) but also to remodel any other parts of the site outside the building contract area. Unless future teaching staff are available for discussion, there is much to be said for creating several protected, partially screened spaces of varying size and character which could subsequently be developed by the school in liaison with their landscape advisers.

4.8 Advanced planting

By no means all of the site will require remodelling. Indeed there is advantage in retaining parts undisturbed, especially when planting is to be established. Trees and shrubs generally grow better and faster in such conditions, and, importantly, can be established at an early stage. Ideally, such advanced planting should take place a few years prior to building construction, so that these new landscape features have time to establish. The main obstacles to overcome are usually ownership and/ or tenancy and funding, but every year that can be gained is a season's growth. At the very least it is essential to have the landscape budget approved so that all works outside the building contract area can proceed at the same time.

4.9 The landscape budget

The financial provision for external works, and for soft landscape in particular, should not be arbitrarily reduced as a result of overspending on the building. Whereas, the building tender is a known sum at approval stage, landscape costs have usually been in the form of an estimate until building works are nearly complete. Thus the landscape estimate has sometimes been treated as a contingency sum, since finances

have not been committed. This can be avoided by emphasis on advanced landscape works, by early and phased implementation of the rest of the scheme and by the fact that the design is curriculum based rather than simply cosmetic. It is neither desirable nor efficient to believe that external works are somehow less important and can be added at a late date. Indeed it is preferable if a small proportion of the landscape budget is retained to fund adjustments required by the new users. Where funds are limited, it may be better to invest in earth modelling and extensive 'natural' planting, which help define space as major three-dimensional elements, rather than ornamental shrub borders or expensive paving details as an alternative to tarmac (Figure 19).

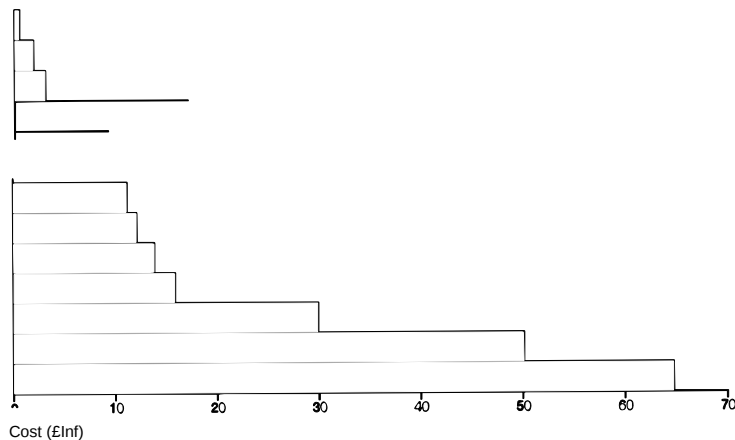
SOFT AND HARD LANDSCAPE COSTS

(Based on an average
of 1999 prices)

Grass (Seedling only) Woodland Grass (Turf)
Ornamental Shrub Borders

Self-binding Gravel "Tarmac "Paving Slabs
"Concrete Paviers "Brick Paviers "Cobbles
"Granite Setts

.Excluding preparation costs



Note: These are typical price ranges for various types of soft and hard treatments (excluding preparation). They are, however, only indicative and in practice they can vary considerably depending on factors such as location, site, accessibility and scale of work.

4.10 Contract arrangements

To some extent the above discussion depends on whether the landscape scheme is implemented as a sub-contract of the building contract or as a separate main contract. Yet even in the first case any possible cuts should always be referred to and agreed with the client. There is certainly a strong argument for hard landscape works being included in the building contract where most of the necessary trade skills lie. Dealing with all landscape works in this way has the advantage of one contractor being responsible for the

whole project.

Where landscape works are a sub-contract however, top soiling is often undertaken by the building trades and can result, if unsupervised, in a 'clean' blanket of top soil over compacted or debris-ridden surfaces. There is much to be said for soiling being undertaken by those responsible for sowing, planting and establishing the soft landscape -in other words the specialist landscape contractor employed under a separate main contract. Shrub borders can be left 300 mm below finished ground level and grass areas 150 mm below. The builder's responsibility to leave a clean and tidy site, which must include the works area, is then self-evident and surface compaction can be remedied before soiling takes place. This arrangement allows for a much longer defects and maintenance period than would be acceptable in a building contract. It also affords greater potential for pupils' participation in the implementation of the landscape scheme.

It is a great advantage if the landscape contractor is fully responsible not merely for the growing medium but for early establishment over at least a 36-month period. Emphasis in the contract can then be more on performance and the achievement of an objective, rather than on completing a series of operations. Such long-term responsibility cannot but encourage higher standards at the outset. For this and other reasons it is equally important that the landscape architect's design aims and the school's use requirements are set down in a management plan. It should fully describe their objectives, both for the site as a whole and its individual parts. Such a plan could be devised from a checklist of criteria for considering the development and maintenance of outdoor education facilities at schools.

4.11 Existing school grounds

The process of enriching existing school grounds must recognise that teachers' time is limited, that they may need help in identifying the individual and unique qualities of their own site, that historically the grounds maintenance service may have been essentially negative and inflexible and that they may be concerned about the acquisition of resources to implement change. To be successful, especially over the longer term -and that is the objective -these various factors must be tackled. Specific issues and processes to consider before commencing the enrichment of existing school grounds are set out in the appendices. Figures 20, 21 and 22 provide examples of how advantage has been taken of existing site features.

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Amphitheatre

Playground

Nursery playground

Maze

mixed narrative
species

Enclosures

School lane

The school was built on the edge of the village in the early 1970s.. When it was opened the grounds were a rather barren combination of short grass and tarmac. Over the last 30 years and at the rate of one outdoor project a term – tree and shrub planting in the autumn, pond, ditch or wall making in the other two terms, the grounds have been transformed by teachers, the caretaker, pupils, parents and agencies into a teaching, learning and recreation environment. Funds for materials were raised by moneymaking school events, and through entering award schemes which provided cash prizes to create environmental curriculum-related ground improvements. Enrichment of the grounds continues and features that are no longer required are reformed into new projects. More recently classrooms and a nursery were added replacing made features. These were replaced elsewhere, now a nature trail encircles playing fields (not shown) and a pond and amphitheatre were created.

4.12 Contacts

Two of the most useful initial contacts are the educational and inspectorial service and the landscape architect or manager involved in promoting development of school grounds. There is every reason to establish early contact and find out who does what, but there is little value in rushing forward with vague requests for development of the grounds or an isolated resource. Invariably the reply will be 'Why do you need it?' or 'How does this fit into the overall site context and other potential demands?' or 'Have you discussed it with teacher colleagues and pupils?' These issues must be addressed in the school's preliminary planning.

4.13 Developing ideas

Thus, at the same time as establishing contacts and identifying their roles and relationships, it is valuable for the school to develop its own ideas about outdoor resources and their uses. Everyone should contribute - teachers, pupils, secretary, caretaker, supervisors, crossing attendants, parents, neighbours and the wider community -and all suggestions, however extreme or obtuse, should be discussed and recorded. A site plan at a scale of 1:1250 or preferably 1:500 will aid this process immensely, as would a simple model. Schools can usually obtain plans directly from the Local Education Authority or the related Estates, Property or Architects' Department. Other essential information concerns underground services and details of the current landscape maintenance contract.

4.14 Site meetings

Before ideas become too specific it is preferable to meet either, and preferably both, the inspector/adviser and the landscape architect/manager. This will allow proposals to be developed in the unique context of the site. It will help if the school's ideas have been forwarded beforehand to those attending the site meeting. This could be a short written report, supported by a plan, which explains how the school has developed its ideas and what its objectives and priorities are.

It is important to survey and appraise all the existing and potential resources within and around the boundaries. They may already exist and have simply not been recognised. Alternatively, a small change may be all that is required, such as creating access to an existing wild area, to release a rich new teaching resource. Current site features might be adapted to more relevant and rewarding uses. Finally, new opportunities for teaching and learning could be created, based on the needs of the school and the potential of its grounds.

4.15 Plans and phasing

Options might include upgrading parts of the playing fields for better and more sustained sports use, thereby affording other areas for enrichment of educational opportunities across the curriculum, provided these alterations are consistent with the Education (School Premises) Regulations. It might involve digging up tarmac, importing topsoil, sowing seed and establishing plants. Trees and shrubs can divide the new areas, provide shade and shelter and form different sized spaces. It often means rationalising the pattern of access and circulation around the building. These various issues are best brought together in

the form of a development plan that must be flexible, determining a range of possibilities and potential phasing of works. It should then avoid the inherent danger of pursuing one initiative which subsequently proves to have prevented a number of others taking place.

If successive years of pupils are to gain from the anticipation, planning and implementation of new initiatives, the grounds should be forever changing. One solution to think in terms of, say, a five-year development plan, identifying what is proposed each year. It can be reviewed annually to match objectives with the availability of resources and ensure that all changes are picked up by the annual maintenance programme. As regards this, the closest co-operation with the local grounds maintenance supervisor is essential. Thorough recording, possibly in the form of a permanent diary for the site, will inform future teachers about what was done, why, when and by whom. The need for planning, consultations and the continuity of projects and management cannot be over-emphasised. A school ranger service would be an excellent way of complementing the teachers' input.

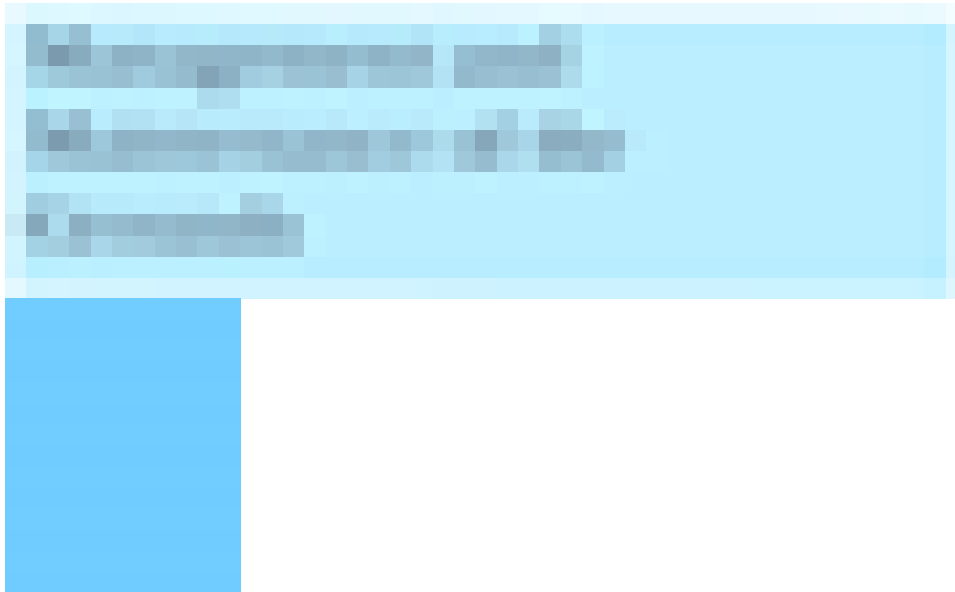
It may be that after two or three such development plans it is time to start afresh -to clear and replant ornamental shrubs to reshape areas, to coppice woodlands or lay hedgerows or even to rotovate and re-seed wild flower meadows. All this activity offers far more scope for teaching and learning than just passive study of existing features. At the same time it is important to be opportunistic and not stick too rigidly to a preconceived plan or timetable if resources suddenly become available for a specific project.

4.16 Funding

Simple adjustment to maintenance regimes need not involve great additional cost and may result in small savings. Indeed the move towards a more diverse and less manicured landscape is unlikely to have significant revenue implications. The slight increase in costs resulting from smaller, more intricate areas can be offset by the lesser frequency, or absence, of operations elsewhere. The issue that every school must face is how to fund the capital cost of major change. If the proposals are directly related to the National Curriculum, the Local Education Authority may have a central fund under Local Management specifically for environmental initiatives. Guidance may also be available on grant aiding bodies, voluntary groups and possible sponsorship. A rolling programme of gradual improvement is an obvious use of limited resources, which might well afford greater educational benefits and more direct participation than sudden and complete change organised and implemented by 'outsiders'.

Community service, armed forces, employment or environmental initiatives, local and national voluntary or community groups may all be able to provide labour and possibly machinery, although in some cases there is a small charge. Secondary schools could help primary in the implementation of new projects. There are also the school's own resources, including its local management allocation and fund-raising activities, the latter involving Parent Teacher Associations who may themselves support environmental initiatives. The flexibility afforded by Local Management might underpin provision of more expensive facilities such as artificial sports surfaces via a partnership with the District Council or a local sports association. Such sharing of resources with the local community on a well planned and regulated basis rarely leads to conflict in time zoning of these various uses.

Whatever new initiative is contemplated by the school, the issue of subsequent care and management must be addressed and resolved before commencement. The most common cause of eventual failure has been the lack of provision for ongoing maintenance. It might not mean additional money, merely talking to and involving other people.



5.1 management and maintenance

Management plans set the broad objectives for development and use of the outdoor environment over the longer term. Maintenance involves day-to-day care of the grounds to achieve these ends. The prime mover must be the school, -which should decide the pattern and intensity of activities and phased implementation of the related resources. There may be a need on heavily used sites for both space and time zoning. It is very important that positive action is taken to organise site usage and to monitor closely the condition of the grounds, otherwise there is a danger that maintenance procedures will determine educational use rather than the other way around.

Whatever is practised by way of landscape management will have environmental implications. For example, it may raise issues regarding the care of flora and related fauna which certainly demand discussion and a full understanding of the various options. The feasibility of a more organic approach as against the convenience of herbicides, is an immediate and topical theme. The school must make these decisions but needs the advice and support of landscape staff to achieve and implement them.

5.2 Value of guidelines

Without specific guidelines and regular user involvement there has often been a clear tendency for grounds maintenance staff to pursue their own convenient and essentially unchanging maintenance regime. Work study and contract systems which lay greatest stress on the ways and times of doing things rather than the end result may well blunt initiative and discourage craftsmanship, besides supporting this static approach. There is a further danger that peripatetic landscape teams erode the sense of personal responsibility and commitment to the individual school, especially where they are swapped frequently from one area to another.

5.3~ Specifying the work

Performance specifications, which set down what is to be achieved, have been encouraged by competitive tendering in preference to operations specifications, which define exactly when and how many times tasks are to be undertaken. They give more responsibility and flexibility to contractors by telling them what is wanted and leaving them to organise staff and machinery to these ends. In certain respects they are easier to supervise since standards for checking are always evident. If a performance specification is backed up by

a user guide, rather than the actual contract documents, school staff can quickly understand what standards have been agreed, what to look for and whom to contact, and thus manage their own sites more effectively.

5.4 Grass areas

The maintenance of amenity grassland demands more input and presents more seasonal problems, especially at the peak of the growing season, than any other form of maintenance. There is also a great range of options with regard to the form and make of machinery. The choice of machinery directly affects output and consequent costs. Tractor mounted equipment is vastly cheaper than pedestrian mowers and this must influence, though not determine, design and management of grounds. There is a great temptation to deride the gang-mower as the cause of green



Over a number of years, the teachers and pupils have planned new outdoor resources to match curriculum needs in partnership with grounds maintenance staff. They have reduced the amount of grass gang mowing which extended over the site by limiting the area of short grass to the games pitches. As a result of the reduction in grass cutting it has been possible to establish a nature trail, a copse with a variety of young trees, a pond, wetlands, and wild flower meadow. A new grass maintenance regime has been devised by the pupils to show the zones in the grounds requiring different kinds of grass treatment and the frequency of cutting to allow these resources to flourish and be an asset to curriculum.

'deserts' in school grounds. Yet they can be extremely cost-effective for larger areas with good accessibility. They are, however less suitable for sand carpet and sand profile pitches, and some damage may even occur to slit drained pitches. An alternative is a compact drive cylinder mower units.

Since the pedestrian cylinder mower is relatively expensive it is important that only those areas which demand such fine cutting on amenity or use grounds should include. Difficult shapes, corners and steep slopes might be better planted up or mown less frequently. It is only when frequency of cut is reduced, which demands the use of a rotary or flail mower on longer grass, that savings can accrue. Extensive use of pedestrian machines may well be diminished by redesign or a reappraisal of the approach to annual maintenance. Reduction in mowing frequency, even if it does not make substantial savings because of the greater amount of time taken, will at least use less non-renewable resources and enhance habitat and landscape diversity. Even so natural succession must be held in check to maintain such variety, and this requires some annual mowing to achieve management objectives.



Mowing some areas less often creates diversity in appearance and potential uses. Established wild flower meadows need one or two cuts per year and the cuttings must be removed to preclude enrichment of the soil. As a rule of thumb a single cut and collection equates with the annual cost of gang-mowing. This is partly because collection on a horticultural rather than an agricultural scale is very expensive. Better machinery or collection by the school would make the comparison more favourable. For convenient usage it is essential to mow pathways and larger gathering areas within the meadow regularly (Figure 25).

Another option is conversion of grass areas to woodland, and in this case the time-scale of actual savings depends on the relative costs of grass maintenance and tree planting. Where grass mowing is expensive the costs of planting up a woodland can be recouped in as little as 5 to 10 years in the form of savings in the annual maintenance budget. Where it is exceedingly cheap, such as on large, gang-mown areas, it may take over 40 years. It is thus in difficult corners, on steep banks and other areas which require pedestrian mowing that planting up with trees is likely to be most economic.

5.5 Shrub borders

Wider use of selective herbicides, and consequently less hand cultivation and failure to replace dead or dying shrubs or to cope with trampling and damage, have meant shrub borders are often a negative rather than a positive feature on the school site. There is every indication that many schools would prefer to see a smaller area of shrub border maintained to a higher standard. Given their current proliferation this might be a positive move in landscape terms, especially if it is balanced by more natural shrub planting amongst meadow or woodland. Such comments apply with more force to hybrid, floribunda or grandiflora rose beds, which demand an even higher level of maintenance but offer less in terms of educational use.

5.6 Hedges

These may be informal flowering shrubs, more formal ornamental varieties or a mixed native hedge, with establishment and maintenance costs generally decreasing from first to last mentioned. Informal hedges of flowering plants demand careful and more frequent pruning, whereas beech, hornbeam and more native hedges can be trimmed once a year. Native hedges are best kept in an 'A' shape for both ease of cutting and habitat value. Increasingly, tractor-mounted hedge trimmers are replacing hand-held mechanical trimmers, greatly reducing annual maintenance costs. A further option is to allow the hedge to grow on and lay it

every ten years or so. This is another case where educational use and cost-effective maintenance may well be in harmony rather than in conflict. A phased programme of hedge laying on a large school site would allow pupils to be involved every year.

5.7 Trees

Tree management on the school site may extend from young plantations to mature specimens. In the former case a three-year, and preferably a five-year, maintenance programme is essential once planting has taken place, to ensure successful establishment. Herbicides can be precluded by use of a mulch, the easiest being a metre square polypropylene mat, provided it is securely anchored at the edges under the surrounding turf. Watering may well be necessary, especially in the first year. Stakes, ties, guards and any fencing will need regular, say monthly, inspections and occasional formative pruning may be beneficial. These tasks are all within the capability of the school, as indeed is most of the original planting, and it can afford great potential for teaching and learning.

When woodland planting is designed it is important to have in mind the management system - coppice, coppice-with-standards or high forest -and the prime purpose of educational opportunity. Coppice has the advantage of change and development, woodland products for school crafts and fewer demands on limited space or problems with the ultimate size of trees. The harvest cycle varies from one year for osiers, seven to ten years for hazel, 15 to 18 years for sweet chestnut and 30 years for hornbeam. Like laying a hedge, small areas could be cut each year. With mature trees on the school site the major issue is one of safety and at the very least there should be an annual inspection by a qualified arboriculturalist. Prevention is better than cure and each well-treed school site should have, as part of its landscape management plan, a phased programme of felling, replacement and, of course, additional planting. Absence of the latter encourages resistance to felling over-mature specimens.

5.8 Litter

This is primarily a case for good site management being enshrined in school policy. Whilst there has been inadequate provision of suitable closed-topped bins in the past, this does not solve the problem in itself. The main issue may well be a slackening of vigilance that can spread through the school to the point where the grounds reflect this prevailing, laissez-faire attitude. Once litter gathers it tends to proliferate. Mowing through litter strewn grass makes the problem much worse. It must be dealt with at source with a school policy aimed at sustaining a sense of care and responsibility. Indeed, the source of the problem and the remedial measures may present a very useful project.

5.9 Competitive tendering

Under the Local Government Act 1988 local authorities whose expenditure on grounds maintenance exceeds £100,000 per annum had to put it all out to competitive tender on a phased programme of 20% per year from 1 January 1990 until 1 January 1994. With a maximum length of four years, contracts are subject to regular re-tendering. Clear and totally separate 'client' and 'contractor' responsibilities have been established in local authorities. The former prepare contract packages, specify work to be done and advise schools before and during the contract. The latter or private contractors undertake the work they have won, in accordance with the specification.

5.10 Size and supervision of contracts

The financial size of these contract packages has varied considerably. Larger contracts are easier to manage but may attract only a few, often distant and non-specialist, contractors. Smaller contracts involve greater problems of administration and supervision, but may provide a local, more specialist service. If the emphasis is on quality of service to the client, there can be decided advantages in smaller contracts, even to the point of arranging a contract for a single, but usually large, site. Schools may need to be more involved in day-to-day supervision and this development will further educational use of the grounds. Such

involvement is a means of returning school grounds to their owners and users, but it does depend on sound technical advice being at hand.

5.11 A school ranger

The new 'client' groups should be seen in the same category as the advisory service, since their prime function is to provide outdoor educational resources. The landscape contract supervisor's remit needs to be far wider than merely checking contractor's work and should encompass liaising with and advising teachers and pupils on all aspects of grounds development and management. It demands working with the schools to implement change and directing the contract service to this end. The landscape contract supervisor thus becomes more of a school ranger, akin to the now familiar countryside ranger. The service requires user surveys to determine needs, regular liaison meetings with schools, news-sheets to promote ideas and maintain contact and the strengthening of links with the advisory service. They can work with teachers and pupils to plan new resources, to establish priorities, to

support phased implementation and to advise on subsequent management plans on which annual maintenance can then be based.

5.12 Local Management of Schools

Many schools have more direct responsibility for the care and development of their site as a result of the Education Reform Act 1988. This provided for delegation of budgets to schools under a formula funding system and the freedom to shift expenditure across all budget headings. They have a tenant responsibility for the grounds and may spend more, less or just the same on maintenance of their site. Their main choices for implementation of this work are to join the Local Education Authority's grounds maintenance contracts, to employ their own private contractor, to establish a school-based organisation or possibly a combination of these options. Some authorities have already responded to Local Management by offering different qualities of service to schools via their centrally arranged maintenance contracts.

5.13 Options

A desire to spend less does not necessarily mean a reduction in educational opportunity. Indeed, the planting of trees and the establishment of meadows, with a reduction in close mown grass, shrub and rose borders, may well meet both objectives. Since the higher cost soft landscape elements are relatively small in area, the potential savings may not be as great as the differential maintenance rates suggest. Conversion to woodland or scrub, where appropriate and desirable, offers better opportunities for cost reduction in the longer term (Figures 26,27 and 28).

Where a school wants to increase financial outlay on its grounds, it may also wish to become more fully involved and even take direct responsibility. Thus it may decide to opt out of the authority's contract system, either partially or totally. Those tasks that demand expensive machinery, such as gang-mowing, or specific skills, such as herbicide application, can continue to be bought in. Other landscape work can then be undertaken by groundstaff or a sports technician,

COMPARATIVE LANDSCAPE MAINTENANCE COSTS

(based on an average of 1999 prices)

Gang Mow (20x) Meadow (2x) Rough Grass (8x)
Informal Lawn (15x) Fine Lawn (26x) (Boxed off)

Gang mow x 20	
Meadow x2	
Rough grass x 8	
Informal Lawn	
Fine Lawn Boxed off	
Woodland & Native shrub	
Ground cover	
Shrub Borders	
Herbaceous border	
Rose Border	

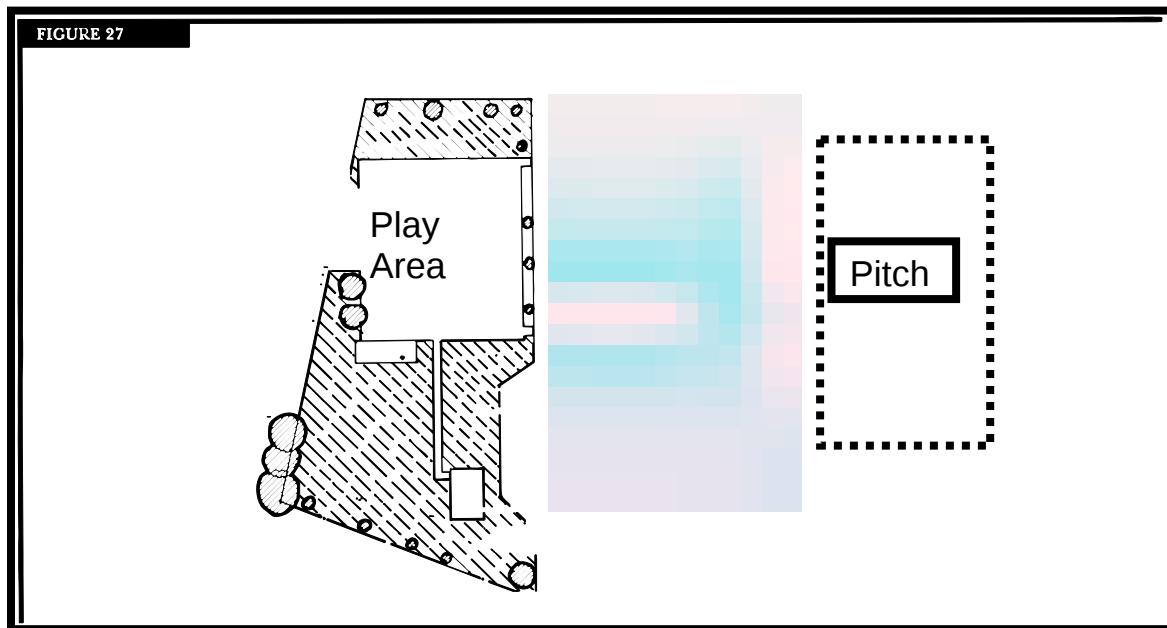
(20x) = 20 visits per annum

Annual Cost (£lrrf)

Note: These are typical price ranges for various types of soft landscape maintenance. They are, however, only indicative, and in practice they can vary considerably depending on factors such as location, site, accessibility and scale of work.

For more *detailed* information on *landscape* maintenance costs refer to E & FN Spon's *Landscape and External Works Price Book* 1999
ISBN 0 419 24130 2

provided that such an arrangement does not conflict with the requirements of the legislation.



DENMEAD FIRST
SCHOOL, PORTSMOUTH - CHANGING DESIGN AND MAINTENANCE

(a) 'Before change'

DENMEAD FIRST SCHOOL, PORTSMOUTH - CHANGING DESIGN AND MAINTENANCE

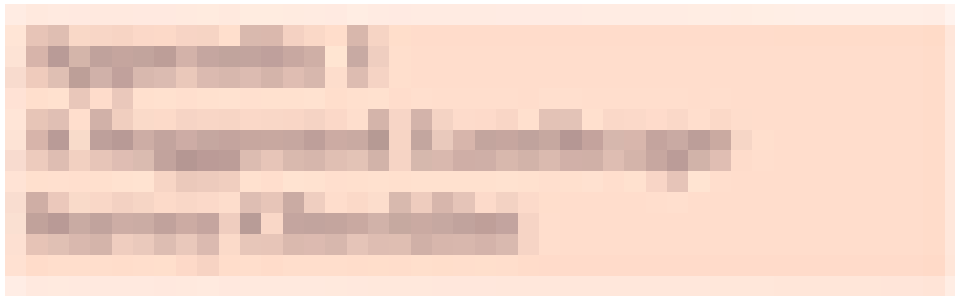


5.14 An environment fund

Whilst schools can and will make gradual adjustments to the design and management of their grounds, substantial change is not provided for under formula funding. New landscape features and habitats, such as ponds or woodlands, provision of a ranger service, improvements to playing fields, greater provision for social and play areas, extensive storm damage costs and major repairs to fencing may not be fundable from the school budget alone. Such major expenditure could form part of the authority's mandatory element under Local Management, to be implemented via the advisory service working in partnership with landscape staff. Decisions could then be based on an assessment of individual school need within the context of the local authority and the demands of the National Curriculum.

5.15 A management policy

There remains the presumption outside the education service, and unfortunately sometimes within it, that the aim of grounds maintenance is essentially cosmetic. The provision of outdoor resources for education merits presentation in a management policy. It could be a statement of objectives by the LEA for all its educational establishments or by the individual school for its own grounds. An example is set out in Appendix 4. By this means, the multiplicity of educational uses in school grounds can be recognised and provided for. Failure to achieve such goals in the past has had much to do with a misunderstanding of objectives and a lack of knowledge amongst the various parties involved. Hence successful and sustained use across the curriculum depends very heavily on a close working partnership between all those concerned with educational use, design and care of the grounds.



DESK STUDY

The brief

Requirements of client, users and planning authority, with accompanying plans, reports

Land ownership/uses

Extent, lessees or tenants, covenants, adjacent owners, responsibility for boundaries, right to light

Easements/rights of way

Footpath, bridleway, road used as public path, access points

Wayleaves/ underground services

Gas, water, electricity, telephone, oil, foul or surface water sewer

Relevant grants

MAFF, Forestry Commission, Countryside Commission, local Authority

Planning requirements

Previous consents/refusals, relevant conditions, local and structure plan policies

Past developments

Record plans, reports, surveys and photographs

Statutory designations

Tree Preservation Orders (T. P.O.), Conservation Area, Site of Special Scientific Interest, Ancient Monument, listed Buildings or features, other national and local landscape and nature conservation status

Highways

Motorway, trunk or county road proposals, site roads' width, loading surface/construction, sight lines, turning/junction requirements

Geology /landform/ soils

Solid/drift geology and soil maps, reports or surveys, trial hole information, agricultural land classification or detailed surveys

Climate

General weather information, details of local microclimate, air pollution

Water/drainage

Floodplain, liability to flood, field capacity, extent, nature of and limits on discharges, water pollution

Aerial photographs

Recent and past, vertical and oblique (for vegetation cover, evidence of ground disturbance/ancient monuments)

Historical records

Local library/museum, evidence of former uses/inhabitants and features/associations, archaeological or historical remains

SITE INVESTIGATIONS**Setting**

Relationship to surrounding landscape, land uses and occupants (Note: where relevant, the listed investigations should be extended beyond the site)

Landform

Distinct changes of level, ridges/valley, high/low points, configuration and degree of slope

Water/drainage

Depth, visible quality, origin and speed of flow, streams, ditches, ponds, springs, wet flashes, badly drained or flat marshy land, outfalls, culverts, drainage falls

Microclimate

Aspect, sunny/sheltered areas, air drainage, frost pockets, damp hollows, severely shaded/exposed areas, wind funnels

Soils

Trial holes (machine dug), hand auguring or digging of pits, samples for analysis, depth of topsoil and subsoil

Vegetation

Size, species, form of growth, condition, location

Boundaries/surfaces/services

Fences, walls, gates, steps, ramps, retaining walls, roads, paths, paved areas, overhead cables, manhole covers

Access/circulation/rights of way

Location, type, alignment, intensity of use, potential for new/improved access

Transport/community facilities

Public transport, bus stops, railway stations, shops, toilets, local recreation facilities

Current use(s)

Agriculture, industry, commercial, housing, recreation, transport -detail of type, appearance, intensity

Environmental impacts

Current incidence/source, type/pattern of air, water and noise pollution

Visual appraisal

Views into/out of site (type/extent/quality), spatial division (contained and open areas), features and eyesores, zone of visual influence (where the site can be seen from), skylines and intermediate skylines

DETAILED TREE SURVEY

Brief/aim of survey

Development site, T. ~o. record, safety/highway inspection, woodland management plan

Type/dimensions

Woodland, tree group, specimen, hedgerow; species, age, height, canopy spread (north, south, east and west); clear height, diameter c breast height and exact location of trunk

Visual appraisal

Form/shape (relate to species), visual significance (quality and character), implications of removal

Condition

Deadwood, dangerous limbs, fungal fruiting bodies, weak fork/abrupt bends, pruning wounds or basal cavities, soil cracks, damaged roots, pollards, perennial or target canker, crown foliage dieback

Legal/site issues

T. P.O., Conservation Area, planning condition, relationship to buildings/boundaries

Classification by condition code

Essential (green), desirable (blue), not essential (brown), not desirable (red)



Artificial habitats

Bird and bat boxes Stone/brushwood/lag piles Corrugated iron sheets
Carpets
Compost heaps Butterfly gardens Dry stone walls

Boundaries

Hedges Hedge banks
Walls
Fences
Ditches
Shelter- belts

Features

Sand- construction pitch All-weather pitch
Orienteering trails Archery area
Survival training area Camping space
Fitness circuit/trim trail Outdoor art areas
Amphitheatre/ stage Spaces for drama
Geological exhibits Textured surfaces
Geomorphology demonstration area
Model landscapes Hills and valleys
Different slopes and ramps
Contours marked on ground Spot heights Sundials Com pass
Large scale map Weather station
Rock and soil profiles Nature or theme trail
Technology project area Waterwheel
Prehistoric hill-fort Iron Age hut
2D and 3D shapes/patterns
Quiet areas for study/reflection

Husbandry

Vegetable plots
Flower beds/gardens
Plant containers/boxes Trellis for climbers
Herb garden
Herbaceous border
Tree/wild flower nursery Ornamental shrubs Soft fruit
Orchard s Nuttrees
Hop gardens
Annual cornfield
Greenhouse/cold frames Smallholding
Animal enclosures/paddocks

'Natural' habitats

Woodlands
Trees
Scrub
Shrubs
Spring/summer meadows Moorland/heathland

Play/social areas

Hard surfaces

Grass areas

Seat clusters

Sitting/ social areas Parents waiting area Play equipment Play markings Ball wall

Boules/ croquet Sand pit

Play mound Rubber tyres

Logs

Construction materials Tables

Cooking/barbecue area Huts/tree house

Covered play space Arbours/mazes

Hiding places/den/refuge Mobile play equipment Movable furniture

Wetlands

Stream

Pond

Island

Bog marsh

Waterfall/rapids Stepping stones Damp meadow Wooden boardwalk



1. THE OVERALL OBJECTIVE

For example: 'The creation of opportunities for teaching and learning, recreation, play, meditation and social interaction that span the whole curriculum, are available throughout the year and extend to all corners of the site and possibly beyond. A rich variety of spaces, colours, textures and patterns should provide exciting stimuli for imagination and enquiry. The layout should make possible rather than determine a wide range of uses, allowing both flexibility and potential for further development by teachers and pupils. The design solution should be cohesive and lively and make a positive and unique contribution to the local environment.'

2. CONSULTATIONS

There should be close liaison with new teaching staff both prior to and after occupation, so that educational use of, and demands on, the grounds can be fully explained. Fine tuning of the landscape scheme may well be required after initial implementation and both time and resources might be reserved for this. On new sites where teaching staff are not available for such discussions, the aim should be to achieve a flexible solution in the form of several distinct spaces of varying size, quality and character that can subsequently be developed or amended by the school.

3. SITE SURVEY AND APPRAISAL

Record all existing landscape features (especially landform, trees and other vegetation), make a thorough visual assessment (both within and outside the site), fully appraise the local microclimate and evaluate the opportunities and constraints they jointly present for site development.

4. OPTIONAL LAYOUTS

It is essential to sketch out potential options showing access, circulation and parking, buildings, hard play areas and pitches. The size, character and possible use of the outdoor spaces created by these options should be indicated and fully discussed with teaching staff prior to arriving at a preferred scheme.

5. SITE OF BUILDINGS

Building location should respect existing landscape features, respond to external views, promote energy conservation by awareness of microclimate and how it might be used to advantage or amended, provide easy access with a sense of arrival and direction and be used as a positive

element in the creation of external spaces.

6. BUILDING CONFIGURATION, FABRIC AND SERVICES

Consideration might be given to the inclusion of an atrium, courtyard, recess, covered yard or veranda where they offer direct benefits for outdoor use. Allowance should be made for future expansion and the location of temporary classrooms. Exterior walls could be valuable for ball games or planting and their detailing in the form of colours, patterns and textures might present a further educational resource. Underground and overhead services should be co-ordinated to minimise impact on external design.